



ACADEMY

FOCUS

APRIL

2025





ACADEMYFOCUS

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Submissions

In future issues, **academyfocus** may feature work submitted by Fellows, for example, conference or seminar reports, book reviews, or photographs. If you would like to share your work in **academyfocus**, please contact the Editorial Board at focus@hkam.org.hk.

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

Deadline

The deadline for contributions for the July 2025 issue of **academyfocus** is 1 June 2025. Please send any submissions by e-mail to focus@hkam.org.hk.

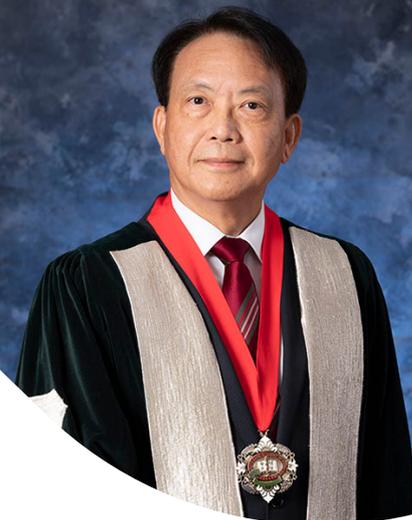
academyfocus is published quarterly by the Hong Kong Academy of Medicine Press.

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WELCOME MESSAGE



PROF. PHILIP KAM-TAO LI PRESIDENT, HONG KONG ACADEMY OF MEDICINE

Dear Fellows and colleagues,

I am pleased to extend my warmest greetings and share recent updates and developments from the Academy, as highlighted in this issue of *academyfocus*. These include a series of notable initiatives and events that reflect our commitment to advancing specialist training, professional development, and regional collaboration.

In March 2025, we began the month with a productive Strategic Planning Retreat on 1 March, bringing together over 50 Academy leaders and staff to review our goals, reaffirm our vision, and plan for the future. Key areas of focus included enhancing communication and engagement with trainees and Fellows, supporting Colleges with shared resources and platforms, advancing training and continuing medical education, and strengthening collaboration with mainland counterparts, as well as different partners regionally and internationally.

On 10 and 11 March, a delegation of Academy Officers visited Beijing and met with the leaders from National Health Commission (NHC), Chinese Medical Association (CMA), and Chinese Medical Doctor Association. The visit featured fruitful discussions on strengthening collaboration in specialist training, medical education, and cross-border healthcare development. The Academy also renewed MOUs with the NHC and CMA, solidifying our long-standing partnerships and paving the way for new collaborative initiatives.

Over 40 young specialist doctors and educators from Hong Kong, Shenzhen, and Shanghai participated in the 'Hong Kong-Shenzhen-Shanghai Young Specialist Doctors Shanghai Study Exchange Summit' held in Shanghai from 16 to 21 March. Jointly organised by the Academy, Shanghai Municipal Health Commission, Shenzhen Municipal Health Commission, Shanghai Medical Association,

Shenzhen Medical Association, and the Hong Kong-Shenzhen Medical Specialist Training Centre, the programme served as a valuable platform for cross-regional dialogue and sharing of experiences in specialist training, medical innovation, and clinical practice. Through site visits and discussions, this meaningful exchange reinforced our commitment to advancing training, promoting innovation and strengthening ties across Hong Kong, Mainland, and the Greater Bay Area.

A set of Best Practice Guidelines on Advance Medical Directives has been recently published to help doctors and healthcare professionals prepare for the implementation of the Advance Decision on Life-sustaining Treatment Ordinance, which will take effect in 2026. A seminar on this topic is also scheduled for 26 April, which will gather experts from relevant fields to explore the legal, moral, and medical issues related to end-of-life care.

At the same time, we have formed a Task Force on Organ Donation alongside a public education event on 23 March titled '感恩捐贈者十五載 受贈者銘記情永在', co-organised with Hong Kong Society of Transplantation, to honour and appreciate the generosity of organ donors and the life-changing impact of organ transplantation. We look forward to doing more in education and promulgation of this important societal issue, aiming to build capacity of our Fellows and trainees on the knowhows about organ donation and to raise awareness among our healthcare practitioners and the public on this topic.

Planning has also begun for the Medical Education Conference (MEC) 2025, which is scheduled at the weekend of 27 September 2025. Please save the date first. Fellows are encouraged to stay tuned for further details and to take part in this valuable event on medical education.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at focus@hkam.org.hk.

HIGHLIGHTS OF THE ACADEMY EVENTS



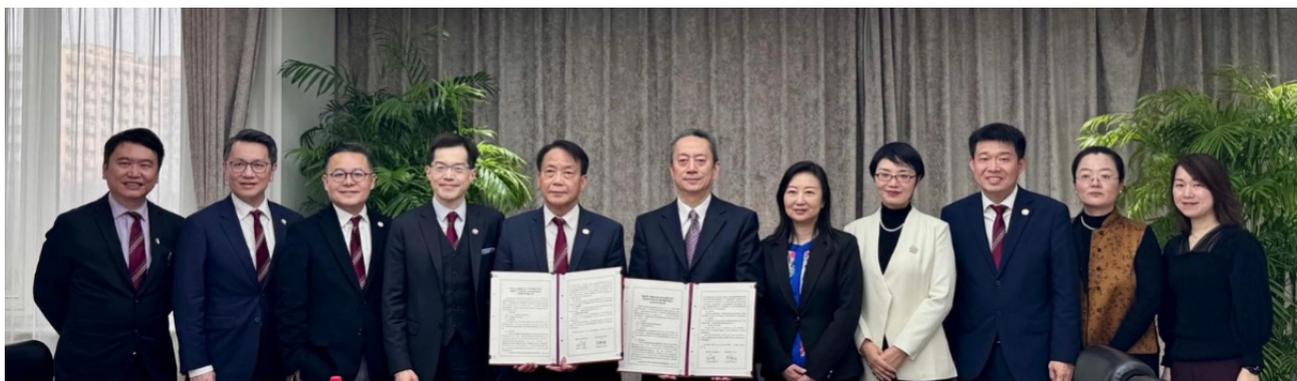
STRATEGIC PLANNING RETREAT

Over 50 Council members, Education Committee members, and Academy staff participated in the Strategic Planning Retreat on 1 March 2025, with insightful presentations and fruitful group discussions.



DELEGATION VISIT TO BEIJING

We are pleased to share an update on the recent visit of the delegation of Academy Officers to Beijing on 10 and 11 March 2025, led by President Professor Philip Li. The delegation met with the National Health Commission (NHC, 國家衛生健康委), Medical Association (CMA, 中華醫學會), and Chinese Medical Doctor Association (CMDA, 中國醫師協會), during which fruitful discussions were made on further strengthening collaborations in specialist training, medical education, and cross-border healthcare development. The Academy also renewed MOUs with the NHC and CMA, reaffirming long-standing partnerships and opening opportunities for new collaborative initiatives with our mainland counterparts.



MOU signing between the Academy and the NHC (5th Left: Academy President, Prof. Philip Li; 6th Left: Deputy Director General of the Office of Hong Kong, Macao and Taiwan Affairs of the NHC, Mr He Shaohua 何焯華)



Meeting between the delegates of the Academy and the leadership of the CMDA (6th Left: Executive Vice President and Secretary General of the CMDA, Dr. Yu Jingjin 于競進)



MOU signing between the Academy and the CMA (From left: Academy Vice-President (Education and Examinations), Prof. Clement Tham; Academy President, Prof. Philip Li; President of the CMA, Prof. Zhao Yupei 趙玉沛; Vice President of the CMA, Prof. Zhou Mingjian 周明堅)



WHO WPRO'S VISIT TO THE ACADEMY

On 12 March 2025, Dr. Saia Ma'u Piukala (fifth left), Regional Director for the World Health Organization Regional Office for the Western Pacific (WHO WPRO), and Dr. Liu Yue (third left), Executive Officer of the Division of Programme Management at WHO WPRO, visited the Academy. During their visit, they met with the Academy Officers to exchange views and deepen understanding of latest developments and potential areas for collaboration, particularly in capacity building for healthcare practitioners in public health and emergency response.



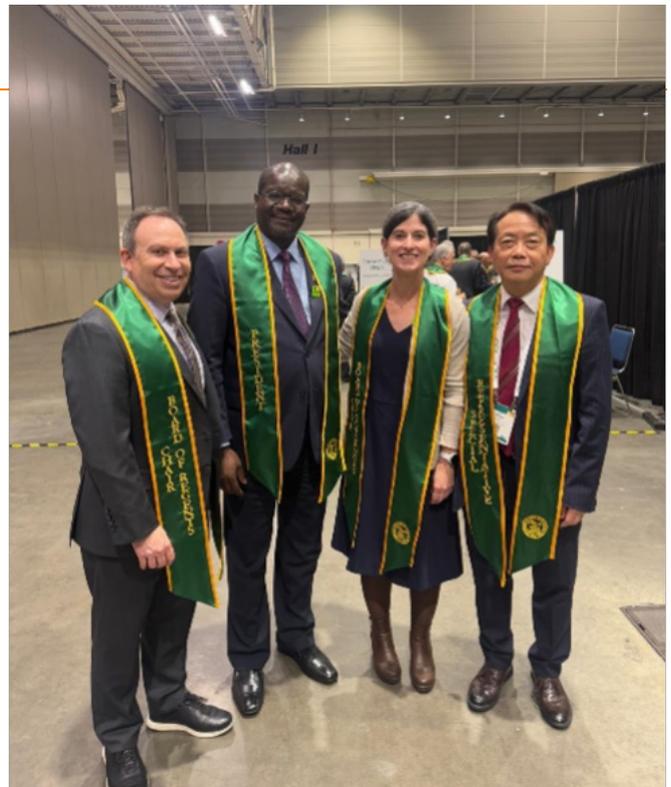
THANKSGIVING EVENT ON ORGAN DONATION

A thanksgiving event titled '感恩捐贈者十五載 受贈者銘記情永在' was held on 23 March 2025, co-organised by the Academy and the Hong Kong Society of Transplantation, to honour and express gratitude to organ donors and to recognise the life-changing impact of organ transplantation.

ACP INTERNAL MEDICINE MEETING 2025

President Prof. Philip Li was invited to participate in two key events during the American College of Physicians (ACP) Internal Medicine Meeting, held from 3 to 5 April 2025 in New Orleans, Louisiana, United States.

He took part in the Convocation Ceremony and served as a panellist at the 18th ACP Global Forum Panel themed 'Responding to Changes in the Internal Medicine Workforce: A Global Perspective'. Participants included global leaders of academies and colleges. During this Forum, four themes were highlighted for discussion among panel members: Fragmentation in Internal Medicine Specialty and Growing Sub-specialisation; Physician Safety and Well-being; Collective Empowerment by Physicians; and Expanding Career Opportunities. Prof. Li shared the experiences of Hong Kong in these areas which had aroused a lot of interest among panel participants.



(From left) Dr. William E Fox, Dr. Isaac O Opole (President, ACP), Dr. Angela C Johnson, and Prof. Philip Li in the ACP Convocation Ceremony



JOCKEY CLUB INSTITUTE FOR MEDICAL EDUCATION AND DEVELOPMENT

Seminar on Advance Medical Directives: Best Practice Guidelines on Advance Medical Directives



Organised by  HONG KONG ACADEMY OF MEDICINE
香港醫學專科學院

 Jockey Club
Institute for Medical Education and Development
賽馬會醫學教育及發展中心

Funded by  香港賽馬會慈善信託基金
The Hong Kong Jockey Club
Charities Trust

 40 YEARS

Seminar on Advance Medical Directives **Best Practice Guidelines on Advance Medical Directives**
26 April 2025 (Saturday)

The Hong Kong Academy of Medicine will host a pivotal seminar on Advance Medical Directives on Saturday, 26 April 2025, from 9:15 am to 12:30 pm at the Run Run Shaw Hall, located on the first floor of the Academy's Jockey Club Building.

As Hong Kong moves toward the implementation of the Advance Decision on Life-sustaining Treatment Ordinance in May 2026, this timely event brings together distinguished healthcare and legal professionals to address critical developments in medical decision making.

Jointly organised by the Task Force on Advance Medical Directives under the Academy's Professionalism and Ethics Committee and the Jockey Club Institute for Medical Education and Development, the seminar aims to foster the dissemination of the Best Practice Guidelines on Advance Medical Directives developed by the Task Force to provide necessary knowledge and relevant guidance for healthcare practitioners to navigate the complex process in the legal, ethical, and practical dimensions.

The seminar will open with remarks from Prof. Philip Li, President of the Hong Kong Academy of Medicine, and Dr. Libby Ha-yun Lee, Under Secretary for Health. The programme features presentations by a group of distinguished speakers, including Task Force Convenor Dr. Doris Man-wah Tse, Mr. Albert Kai-chung Lam and Ms. Jaime Chui-yee Lam, who will share expert insights on topics ranging from the historical context of advance medical directives to best practice guidelines and legal protections for treatment providers. There will also be a panel discussion and Q&A session led by Prof. Gavin Matthew Joynt, a member of the Task Force, to provide a platform for experts to exchange opinions and respond to questions from participants.

This seminar represents a significant milestone in advancing healthcare professionals' capacity to make informed, ethically sound decisions about life-sustaining treatments, ultimately enhancing patient autonomy and medical care standards.

Please refer to the [Programme rundown](#) for more details.



JCIMED's Strategic Support: Competency-Based Medical Education in Hong Kong

The Jockey Club Institute for Medical and Development (JCIMED) and Hong Kong College of Radiologists (HKCR) have successfully launched an innovative Workplace-Based Assessment (WBA) course, generously supported by the Hong Kong Jockey Club Charities Trust.

to advance medical education through a comprehensive two-part approach. Participants first completed standardised foundational modules developed by JCIMED, followed by college-specific content tailored to the unique needs of the Radiology specialty.

This great initiative engaged a total of 47 medical professionals, including trainers in Vascular and Interventional Radiology, first-year trainees in Higher Specialist Training, and Interventional Radiology fellows-in-training. The course was strategically designed

Key objectives of the programme included integrating advanced assessment methodologies, enhancing faculty development, and focusing on direct observation of procedural skills (DOPS).



Two Courses of Transformative Learning

Conducted over two half-day sessions on 9 March 2025 and 16 March 2025, the programme represents a significant milestone in competency-based medical education (CBME). It demonstrates a collaborative approach to professional development, showcasing the potential for innovative educational strategies in medical training.



The course not only addresses the immediate educational needs of Radiology professionals but also sets a promising precedent for future interdisciplinary medical education initiatives.





JCIMED remains committed to supporting colleges in exploring similar funding opportunities. Prospective applicants are warmly encouraged to submit proposals that articulate their educational objectives, target participants, and expected outcomes. Proposals will be reviewed by the JCIMED Operations Committee based on their potential impact on professional development and strategic alignment with broader medical education goals.

This successful implementation powerfully underscores the Academy's unwavering commitment to excellence in medical education, highlighting the transformative impact of strategic partnerships and innovative funding in elevating the standard of professional medical training in Hong Kong.

JCIMED Opening Ceremony Marks New Era in Hong Kong Medical Education

The Hong Kong Academy of Medicine (HKAM) celebrated a significant milestone with the official opening ceremony of the Jockey Club Institute for Medical Education (JCIMED) on the evening of 14 April 2025. The event marked the culmination of extensive planning and development efforts to establish a state-of-the-art medical training hub in Hong Kong.

Dr Benny Cheng, Honorary Director of JCIMED, delivered the welcome address, highlighting that "JCIMED represents our commitment to innovation in medical training and professional development." He announced that the renovation of the institute has been completed, made possible through generous funding from the Hong Kong Jockey Club Charities Trust.

A commemorative plaque was unveiled during the ceremony, honouring the benefactors and marking the official opening. Attendees participated in a traditional roast pig cutting ceremony, symbolising prosperity for the new endeavour.



Key figures present included Prof. Philip Li (President of HKAM), Prof. Gilberto Leung (Immediate Past President of HKAM), Prof. Clement Tham (Vice President (Education and Examinations) of HKAM and Chairman of the JCIMED Steering Committee), and Dr Benny Cheng (Chairman of the JCIMED Operation Committee).

Prof. Li emphasised HKAM's vision, "The Academy envisions JCIMED becoming a centrepiece of our educational framework. Through this institute, we will enhance the quality of specialist training and continuing professional development."

The JCIMED aims to promote innovation in medical training methodologies, serve as a hub for simulation-based learning, foster interdisciplinary research across medical specialties, and enhance specialist training in Hong Kong.

The ceremony concluded with group photos capturing the leadership team and committee members who made the JCIMED vision a reality.



FELLOWS' WELL-BEING



OUR COMMITMENT TO WELL-BEING ADVOCACY

The Academy is taking a leading role in the medical and dental profession, and the promulgated **Well-being Charter** is committed to cultivating and promoting the well-being of Academy Fellows and specialist trainees of Academy Colleges. We pledge to acknowledge the importance of well-being, take action, and advocate policy changes for the improvement of our Fellows' and trainees' wellness. To achieve this, the Academy has set up a Task Force on Well-being, chaired by the Academy's Honorary Secretary, to devise plans and initiatives. Click [here](#) to find out more.

WHAT'S NEW

The Academy Council has formulated a '**Policy Statement on Supporting Fellows and Specialist Trainees with Disability or Special Educational Needs (SEN)**' to foster positive educational outcomes and ensure equal opportunities for specialist trainees with disabilities and SEN, while upholding the professional standards required for training.

AWARENESS: SELF-ASSESSMENT TOOL

Take [Copenhagen Burnout Inventory questionnaire](#) to know more about the levels of burnout.

ASK FOR HELP: PEER SUPPORT SCHEME

Over 40 volunteers are available to offer support through informal communication, to bring positive energy and aspirations to peers in need regardless of their specialty. Check out the list of Peer Supporters on the [designated webpage](#), and approach the Peer Supporter(s) of your choice through our email referral system which is programmed to protect your privacy. All the conversations will be kept strictly confidential.

Interested in being a Peer Supporter? [Register](#) now and click [here](#) for details about the scope and nature of peer support.



YOUNG FELLOWS CHAPTER

Hong Kong–Shenzhen–Shanghai Young Specialist Exchange Visits to Shanghai: Shaping the Future of Medicine



DR. ERIC HUI-LUN LAU
CHAIR, YOUNG FELLOWS CHAPTER
(2024-25)



Medical Exchange and Cross-Regional Collaboration: Exploring New Frontiers in Medical Development

Amidst the global wave of medical collaboration and technological innovation, the medical systems in Shanghai, Hong Kong, and Shenzhen each possess unique strengths. How to learn from one another, complement each other's

advantages, and integrate knowledge in specialist training, clinical practice, and medical innovation has become a key issue in the medical field.

From 16 to 21 March 2025, the Hong Kong Academy of Medicine, Shanghai Municipal Health Commission, the Shenzhen Municipal Health Commission, Shanghai Medical Association, Shenzhen Medical Association, and the Hong Kong–Shenzhen Medical Specialist Training Center jointly organised the 'Hong Kong–Shenzhen–Shanghai Young Specialist Doctors Shanghai Study Exchange Summit', bringing together over 40 young specialist doctors and medical education experts from the three regions.

Standardised Specialist Training: Sharing Regional Expertise to Advance Medical Talent Development

On 17 March, the 'Hong Kong–Shenzhen–Shanghai Specialist Training Standardisation Seminar' was held at the Shanghai International Convention Center. Medical education experts and young specialist doctors from the three regions gathered to discuss specialist training models and future development directions.

The seminar was chaired by Professor Xu Jianguang, Chairman of the Education, Science, Culture, and Health Committee of the Shanghai Municipal People's Congress and Vice President of the Chinese Medical Doctor Association. Key speakers included Professor Philip Li, President of the Hong Kong Academy of Medicine, and Professor Zhong Shan, President of the Shenzhen Medical Association.



Dialogue and Sharing of Specialist Training Models Across the Three Regions

- Hong Kong: The Hong Kong Academy of Medicine has established a highly specialised and internationally recognised training model, emphasising clinical competency evaluation and Continuing Professional Development (CPD).
- Shanghai: As a pioneer in Mainland China's standardised specialist training system since 2013, Shanghai has developed a comprehensive residency and specialist training framework, with strong advantages in academic research.
- Shenzhen: As a key hub in the Greater Bay Area, Shenzhen is actively exploring an internationally aligned specialist training system and has strengthened collaboration with Hong Kong to promote mutual recognition and integration of medical education frameworks.

Visits to Leading Medical Institutions: Firsthand Experience of Shanghai's Medical Innovation and Clinical Excellence



Ruijin Hospital 上海交通大學醫學院附屬瑞金醫院: Advancing Clinical Research and Discipline Development

Ruijin Hospital, a leading medical institution in China, is internationally recognised for its expertise in haematology, metabolic diseases, and transplantation medicine. Delegates toured the clinical trial centre and state-of-the-art diagnostic facilities, engaging in discussions with medical experts on strategic developments across various specialties.

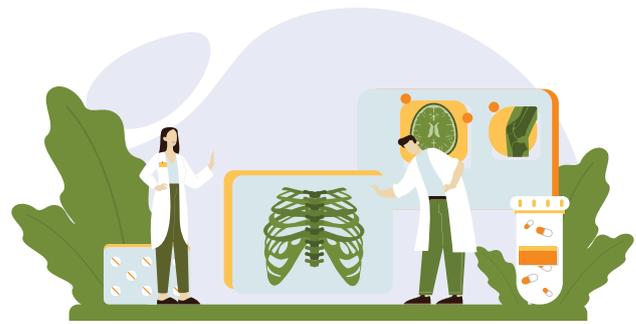
Zhongshan Hospital 復旦大學附屬中山醫院: Excellence in Talent Development and Precision Medicine

Affiliated with Fudan University, Zhongshan Hospital is known for its comprehensive talent cultivation system. The delegation explored the hospital's multi-tiered residency and specialist training programmes and learned about its achievements in hepatobiliary surgery and cardiovascular medicine, particularly in precision minimally invasive techniques.



Oriental Hospital 同濟大學附屬上海市東方醫院 and Shanghai Proton and Heavy Ion Centre 上海市質子重離子醫院: The Intersection of Smart Healthcare and Radiotherapy Innovation

Delegates toured smart hospital wards and big data medical platforms, gaining a deeper understanding of proton and heavy ion radiotherapy technologies in cancer treatment. These visits provided valuable insights into the future of radiation oncology.



Shanghai United Family Hospital 上海和睦家醫院 and Huajing Town Community Health Service Center 華涇鎮社區衛生服務中心: Exploring Diverse Healthcare Models

The delegation experienced firsthand the personalised services of private healthcare institutions and discussed their collaborative role within the broader public healthcare system. Additionally, the visit to Huajing Town Community Health Service Center provided exposure to community healthcare reforms and the future of primary care management.



Empowering Healthcare Through Technology: Exploring Medical Innovation and Future Development

Beyond hospital visits, the delegation also toured United Imaging Healthcare and the Commercial Aircraft Corporation of China (COMAC) to explore China's advancements in high-end medical technology and independent innovation.



The Future of Medicine Lies in Talent, and Medical Progress Relies on Collaboration

This exchange programme fostered deeper collaboration among young specialist doctors from Shanghai, Hong Kong, and Shenzhen, laying a strong foundation for future cooperation in medical education, clinical research, and healthcare innovation.

Key Takeaways and Future Outlook



Promoting mutual learning between specialist training models in Shanghai, Hong Kong, and Shenzhen to enhance internationalisation.



Encouraging cross-regional academic exchanges and clinical collaborations among young doctors.



Exploring the role of AI and smart healthcare in clinical practice and future medical advancements.

Looking ahead, the medical communities in Shanghai, Hong Kong, and Shenzhen will continue to strengthen collaboration—working together to advance medical education, improve healthcare services, and ultimately contribute to the patient wellbeing and the progress of medicine.