

THE  
HONG KONG  
ACADEMY OF  
MEDICINE  
NEWSLETTER

[www.hkam.org.hk](http://www.hkam.org.hk)  
Autumn 2020



# academy *focus*

## President's Message

Dear Fellows and colleagues,

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The COVID-19 pandemic is not going away. The number of confirmed cases has re-surge since early July with outbreaks of local transmissions and increasing death rate, especially amongst the elderly.

In an attempt to stem the epidemic, the Government has gone ahead with the Universal Community Testing Programme aiming to better delineate the prevalence of COVID-19 in the city and to identify those 'silent infected cases' to prevent the spread of the infection in the community. I call upon our Fellows to support the scheme and take the test. The Academy would also like to thank those who have offered to assist the programme as testing site workers, as well as trainers of our infection control workshops for other site workers.

The Academy is determined to maintain business as usual in spite of COVID-19. We have continued to support medical examinations and training programmes to ensure they were held as scheduled, as well as sustaining various online CME / CPD activities for Fellows, including the Webinar on Medico-legal Issues in Telemedicine on 22 June and the Seminar on Disclosure, Apology and Alternative Dispute Resolution organised by the Professional and Ethics Committee on 18 July.

The COVID-19 pandemic has had a great impact on what we do, causing much inconvenience. Flipping over, however, it has also allowed us to reflect on our lives and spend more time with our loved ones. COVID-19 has also presented us with the opportunity to review our work practices, such as patient blood management that can lower dependence on blood donations while maintaining positive patient outcomes. As you may know from my letter dated 29 July, COVID-19 in Hong Kong has seriously affected blood inventories of the Hong Kong Red Cross Blood Transfusion Service. This was further reinforced through a media conference held in mid-August to promote a local position paper on patient blood management published in the August issue of the *Hong Kong Medical Journal*, the Academy's own medical journal.

With experience gained in the first half of 2020, I trust that the Academy Secretariat and the teams will continue to provide services with minimal disruptions to our Fellows. Thanks to your contributions and support, the data collection of survey on the use of social media in the medical and dental professions was completed successfully in late July. Moreover, 86 new Academy Fellows were admitted on 18 June 2020 and the 4th term of Young Fellows Chapter 2020-21 commenced on 1 July 2020. Would you all join me in welcoming the new Academy Fellows and Young Fellows Chapter Governing Council, as well as thanking the previous Governing Council for their dedication!

I would like to remind you again to stay healthy, both mentally and physically, and remain vigilant. As medical and dental professionals, we should be highly cautious about personal hygiene and implement precautionary measures at home and at work to protect ourselves, our patients, family members, and the general public from the threat of COVID-19. We should also demonstrate our professionalism and provide quality medical and dental services to the public despite this difficult time.

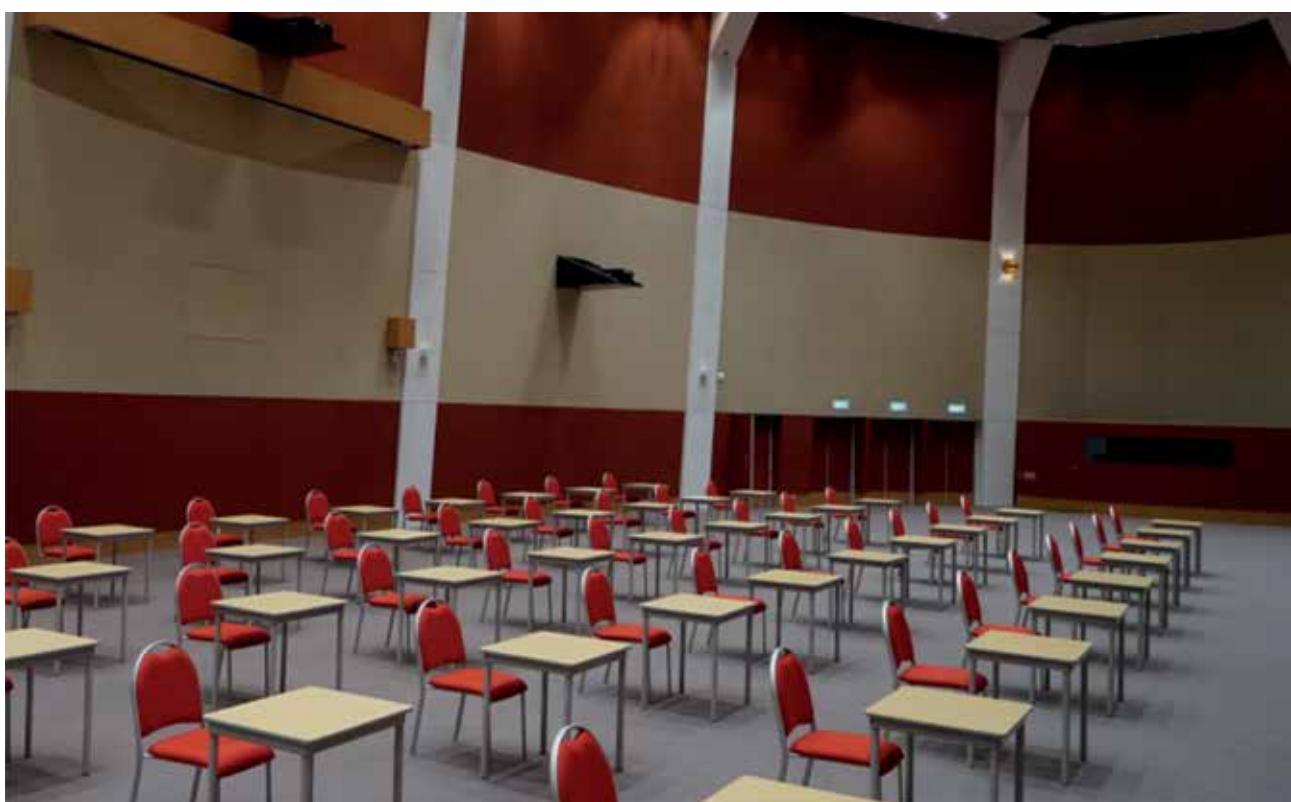
Wish you all a Happy Mid-autumn Festival!

Prof CS Lau  
President

# Events at the Academy – Precautionary Measures for COVID-19

The Academy has been closely monitoring the latest development of COVID-19. Health and wellbeing of all visitors and staff members remain the top priority of the Academy. A series of precautionary measures have been introduced and reinforced at the Academy Building, following guidelines set by the Hong Kong SAR Government and health authorities. These measures include checking the body temperature of all staff and visitors to the Academy Building, making mask-wearing mandatory, enhanced regular cleaning and disinfection, and social distancing measures. Full details of the precautionary measures can be found on the Academy website:

<http://page.hkam.org.hk/COVID19-Precautionary-Measures>



The Academy offers a wide range of venues suitable for meetings, conferences and your special occasions of different scales. Onsite logistical and technical support, event planning as well as catering services are also available.

Make a booking enquiry online now at:  
<https://online.hkam.org.hk/form/BookingEnquiry>



# News and Announcements

## COVID-19 Corner on Academy website

The COVID-19 Corner has been updated from time to time to provide medical professionals and the general public with useful information and practical guidelines to prevent them from threats of the COVID-19 pandemic.

Please visit <http://page.hkam.org.hk/COVID-19> for more details!



## CMECPD for the 2020 – 22 Cycle

The COVID-19 pandemic has unavoidably brought about disruptions to various CMECPD activities in 2020. In 2020, more than half of the CMECPD activities were being conducted virtually via Facebook live, Webinar, ZOOM, etc. The trend of participating online CMECPD activities to make up CMECPD points is becoming “normal”. The mobile application - iCMECPD App developed by Academy is the best tool to facilitate Fellows in accessing online CMECPD activities.

### Functions of iCMECPD App:

- Scan the QR code of the online / face-to-face activities to capture attendance; Most of the accredited online activities are provided with QR code for attendance purpose
- Access to accredited CMECPD self-study materials
- View CMECPD event calendar
- View attendance records

Fellows may download the App by scanning the respective QR code below and install it in your smartphone with operating system in iOS (8.0 or above) or Android (4.3 or above). For further details, please kindly refer to our website: [https://www.hkam.org.hk/HKAMWEB/pages\\_4\\_69.html](https://www.hkam.org.hk/HKAMWEB/pages_4_69.html).



QR code (iOS)



QR code (Android)

In view of the uprising trend of online CMECPD activities, the Academy has worked on a set of guidelines on accreditation of CMECPD online activities at the College level. Essentially, online CMECPD lectures should be organised with Q & A session to enhance interaction between speakers and participants. The CMECPD programmes have been functioning well under the current COVID-19 pandemic and Fellows should be able to maintain their knowledge, skills and competencies as usual.

## Feature: Interview with Dr Jason Yam

Dr Jason Cheuk-sing Yam is an Associate Professor at the Department of Ophthalmology & Visual Sciences, Chinese University of Hong Kong. Dr Yam is also a young Fellow of the Academy and a member of the newly elected Young Fellows Chapter Governing Council, and for this issue of **academyfocus**, we interviewed him about his work.



Among his many awards and achievements, including the Gold Prize of the Academy's first Best Original Research by Young Fellows Award, Dr Yam was most recently selected for the 2019 Ten Outstanding Young Person Hong Kong, for eligible persons from 21 years to 40 years of age. The award is organised by the Junior Chamber International Hong Kong, and is now in its 50th year. The award is based on two main criteria, and nominees are expected not only to be very outstanding in terms of your professional development and achievements, but also to have made significant impact or contribution to society.

*"I'm truly honoured to get this award."*

Dr Yam says he found the interview and selection process very humbling, because it requires the applicant to look back on their entire 10- or 20-year career, and present themselves to explain how they accomplished their achievements. The process includes two stages. The first step is carried out by an auditing firm that screens nominees through an interview and thorough background research to verify that all nominees meet the basic two criteria. For shortlisted candidates, the second step is an interview with a panel of judges that includes senior professionals and previous awardees of the Ten Outstanding Young Person.

In the case of Dr Yam, the professional achievement requirement was fulfilled by the work of his team working on low-dose atropine for myopia progression (LAMP) in children, and he feels very grateful to be able to represent that group. For the contribution to society, Dr Yam does outstanding work providing eyecare on a large scale to children in the Hong Kong community. Dr Yam reiterates that the award is not only his personal achievement but, more importantly, recognition for the work that the whole team has been doing in the past 6 years. He also feels that this award is an excellent platform to promote awareness in the community, and to connect people to work collectively for the benefit of children and children's eyecare in the Hong Kong society.

The LAMP study, now in its 5th year, was the first placebo-controlled randomised controlled trial on using low-concentration atropine to reduce myopia progression. "The study had several important findings," explained Dr Yam. "Firstly, we established that low-concentration atropine works for myopia control, reducing myopia progression by up to 67%. Secondly, we found the optimal concentration of 0.05% atropine that achieves the best balance between adverse drug effects and efficacy." These results are not only important in Hong Kong; this is one of the most important studies on the use of low-concentration atropine and the most effective dose, leading to changes in the management of myopia worldwide.

Dr Yam is confident that myopia can be not only controlled, but also prevented in future, and this is the focus of the LAMP 2 study. In addition to medical interventions, Dr Yam also points out that education is important. Children spending two hours or more outdoors each day can help prevent myopia, and it is important to work with schools to improve children's lifestyle, and sustainably improve not only their eyecare, but also their whole healthcare.

*"The vision of every child is a basic right. They should be able to see."*

Unfortunately, for children from lower-income families, because of lower parental awareness or affordability, eyecare may be less than optimal, leading to delayed diagnosis of eye diseases and poorer vision. During the first 8 years, children's vision is still developing. If abnormalities are not detected early during this critical window, children can develop lazy eye or other permanent damage to the visual system. On the other hand, abnormalities detected earlier may be treatable and restore 100% of the child's vision. It is very important to invest in children's eyecare, because it can impact their lives for the rest of their lifetime. Children that do not have good enough vision may also not develop well, in terms of their academic achievement. Dr Yam, coming from a "grassroots and not well off background", has witnessed this first-hand. "I have this passion and conviction," he says, "that every child should have an equal opportunity to see."

Starting the Hong Kong Children Eye Care Programme at the clinic on the 3rd floor of the Hong Kong Eye Hospital was not without difficulties. Inviting children to the clinic during weekdays was difficult because children need to go to school, and conducting examinations at schools was also not optimal because of the difficulty with some procedures and the lack of equipment. Thus, with help from the Department of Ophthalmology and Visual Sciences, the Programme was launched on a Saturday, 7 March 2015, a day that Dr Yam will never forget. 100 children and their families were invited to the clinic. Because there were not many resources available at first, the Programme relied on support from volunteers.

In 2018, after helping around 5000 children, and thanks to a generous donation from the Hong Kong Jockey Club, the Programme was expanded to also operate on Sundays. At the newly renamed CUHK Jockey Club Hong Kong Children Eye Care Programme, now 200 children are invited to receive thorough eye examinations, including where necessary pupil dilation, imaging and scans, and check for strabismus. The HKJC funding also allows the provision of spectacles up to HK\$1500 for free to children from low-income families.

The Programme could not succeed without the kind support of volunteers. Dr Yam says he feels very privileged to because eye doctors in Hong Kong are very passionate and willing to serve; from about 300 eye doctors in Hong Kong, more than 120 have assisted with the Programme over the years, sacrificing family time to help. In addition, 500 medical students and 200 nursing students from the universities and about 2000 secondary school students have come to help out. Various other members of the community have also contacted the team to volunteer, helping out looking after and entertaining the waiting children, or assisting the doctors with various tasks and simple examinations. Dr Yam finds the whole community spirit quite touching, with younger doctors learning from more senior doctors, medical students learning from doctors. In turn, the medical students inspire high school students, who are also helping the primary school students. He finds great reward and pride in providing the Programme that brings these different generations together to serve the underprivileged children.

The Programme has now served about 20,000 children, not to mention their families, over the past 5 years. In addition, around 200 health talks have been given, to increase awareness of children's eyecare among teachers, social worker, and parents.

In addition to these projects, Dr Yam feels privileged to work with the Hong Kong Eye Hospital, in collaboration with the Children's Cancer Foundation and the Department of Health, to promote awareness of retinoblastoma (children's eye cancer) among parents. If retinoblastoma is not caught early, it can lead to loss of vision, loss of the eye, or even death. This city-wide children's eye cancer awareness campaign aims to promote awareness of leukocoria (unusual, usually white, appearance of the retina through the pupil), which is often an early sign if the disease. The campaign targets maternal care centres in Hong Kong, and parents are advised to go to the doctor early if they see signs of leukocoria, to save their child's life, eyes, and vision.

*"Corrective treatment for myopia does not reduce risk factors for more serious complications; myopia control at an early age can."*

Dr Yam's motivation to become a doctor stems from his high school days, reading about early British missionaries to mainland China who aimed to bring not only religion, but also Western medicine to the Chinese population. This inspired Dr Yam to serve as a doctor, to change the lives and the save the lives and improve healthcare for the public. Later, in his second year of medical school, Dr Yam read about Dr Nim-chung Chan (<https://www.hkmj.org/system/files/hkm1208p354.pdf>), an ophthalmologist who volunteered in Afghanistan. This further inspired him because of the portability he perceived in ophthalmology – the ability to take this care to the people who need it most, with the most impact. An early experience of a 6-year-old boy with incurable cone dystrophy highlighted the limitations of doctors for Dr Yam, and this eventually led him to research, teaching, and children's eye care in particular. "Adults with severe myopia over 6 diopters are at higher risk for various sight-threatening conditions, such as glaucoma and macular degeneration," says Dr Yam. "These days you can

get corrective treatment such as laser refractive surgery for myopia. You do not need to wear spectacles, but the risk for more serious complications will never change. Children's eye care is not only for children, it is for their whole life. I hope that my team and I can contribute to this global issue."

*"I am just a representative of the team, and I could not have achieved so much alone."*

In addition to the Ten Outstanding Young Person Award, Dr Yam is humble to have been awarded several other local and international awards. Locally, he was the gold winner of the Academy's first Best Original Research by young Fellows award in 2019, and also the winner of the College of Ophthalmologists of Hong Kong's first Distinguished Young Fellow in 2013. Internationally, he received the Asia-Pacific Academy of Ophthalmology (APAO) Nakajima Award, awarded every 2 years to recognise an individual's outstanding accomplishments – the first time the award has gone to work on paediatric ophthalmology, underscoring the growing recognition of importance of children's eye care. Proudly representing Hong Kong, Dr Yam has also been awarded the APAO Prevention of Blindness Award and the APAO Distinguished Service Award in recognition of contributions to Hong Kong and the wider region.

"These awards are important recognition and encouragement not only for myself but for the whole team," emphasises Dr Yam, "I am just a representative of the team, and I could not have achieved so much alone." He goes on to say he feels particularly fortunate and thankful for the support from his family. His wife has unconditionally supported his pursuit of their shared dream to work for the benefit of children. He is also very grateful to his co-worker, Ms Mandy Ng, nurse manager of his department, to support all these works since the beginning. He is deeply indebted to four individuals he considers his mentors: Dr Simon Ko, his first boss in Tung Wah Eastern Hospital, who inspired him to serve in children's eye care; Professor Calvin Pang, immediate past chair of his department, and Professor Clement Tham, current chair of his department, both of whom guided him into academia and inspired and encouraged him to think and to dream big and to work for Hong Kong and the whole Asia Pacific region; and Professor Dennis Lam, a former chair of his department who laid many foundations in the department that current work builds on, as well as providing further support and encouragement.

Because he does not have a lot of time to spend with them, enjoying quality family time with his wife and two kids is important for Dr Yam. He also enjoys long-distance running alone, as a time to reflect and review, as well as to refresh himself. "It is also a time to build perseverance and resilience," says Dr Yam. "Running faster or for a longer time and pushing your limit I think can be very helpful to me."

*"Always follow your passion"*

Through teaching at the Chinese University of Hong Kong, and his other community programmes, Dr Yam often works with younger aspiring or trainee doctors. He understands the importance of job prospects, but urges students to consider not only current, but also future prospects. He advises young people to follow their passion and the specialty or branch of medicine that interests them most. "Of course, just like prospects, your interests may change over time," he explains. "But if you always follow your passion, you will never regret it." He points out that many young people aspiring to become doctors may not know much about the different opportunities, and may not have developed a passion, and that is fine: there are plenty of opportunities for junior doctors to get broad exposure and find their passion. Becoming a doctor is not just a job or way to make a living for Dr Yam. "I think that people choose to become doctors," he says, "to serve the community, to make an impact or change, or to improve the healthcare of the people."

*"It is extremely joyful when all your hard work pays off."*

Recalling his very first publication in a journal, from when he was still a medical student, Dr Yam explains the sense of achievement and reward: "It was like having a baby. Because you have done a lot of hard work for many months and finally it's published and you can see your name in PubMed. It is extremely joyful when all your hard work pays off."

Dr Yam always encourages his trainees and students, even though they are clinicians, to do a little academic work, because research and publications are important. The teamwork, the recognition, and of course the improvements in healthcare resulting from the work are all incredibly rewarding and worthy. He also notes that these days publication is an integral part of the development of trainee doctors.

In terms of publication, Dr Yam says that the choosing a journal that is most relevant for your target audience is the most important factor – more so than the prestige or impact of the Journal. For studies that have implications for the local population or important updates for local doctors, choosing a local journal such as the *Hong Kong Medical Journal* is more appropriate, so that your work will reach the correct audience.

# Young Fellows Chapter

## Handover Meeting of Young Fellows Chapter, 18 June 2020

The 4th term (2020-21) of the Young Fellows Chapter (YFC) began on 1 July 2020. A handover meeting was held on 18 June 2020 for members of the last term to communicate on the role of YFC and share experience with the new YFC. Academy Officers greeted members and thanked YFC for their active engagement in Academy's meetings and activities, as well as congratulated on the achievements over the past years.



Attendees at the Young Fellows Chapter handover meeting. From left: Dr Jeremy YC Teoh, Dr Tony YS Yuen, Dr Eric WC Yan, Dr Jason CS Yam, Dr Calvin PW Cheng, Dr Julianna Liew, Dr Grace CY Wong, Dr Karen KY Leung, Dr David HN Lam, Dr Shiobhon Luk, Dr Sut-yeo Tse, Dr Ryan HW Cho, Dr Helen SY Chan, Dr Kelvin KW Cheung, Dr Calvin YK Chong, Dr Yolanda YH Law, Dr Fiona YY Chan, and Dr Paul A Koljonen.



Young Fellows Chapter members with Officers of the Academy

## Young Fellows Chapter Governing Council (2020–2021)

Chair	Dr Sut-yee Tse <i>The Hong Kong College of Family Physicians</i>
Vice-Chair	Dr Jeremy YC Teoh <i>The College of Surgeons of Hong Kong</i>
Honorary Secretary	Dr Paul A Koljonen <i>The Hong Kong College of Orthopaedic Surgeons</i>
Honorary Treasurer	Dr Karen KY Leung <i>Hong Kong College of Paediatricians</i>
IT Officer	Dr Fiona YY Chan <i>Hong Kong College of Emergency Medicine</i>
Members	Dr David MH Lam <i>The Hong Kong College of Anaesthesiologists</i> Dr Grace CY Wong <i>Hong Kong College of Community Medicine</i> Dr Yolanda YH Law <i>The College of Dental Surgeons of Hong Kong</i> Dr Kelvin KW Cheung <i>The Hong Kong College of Obstetricians and Gynaecologists</i> Dr Jason CS Yam <i>The College of Ophthalmologists of Hong Kong</i> Dr Ryan HW Cho <i>The Hong Kong College of Otorhinolaryngologists</i> Dr Calvin YK Chong <i>The Hong Kong College of Pathologists</i> Dr Helen SY Chan <i>Hong Kong College of Physicians</i> Dr Eric WC Yan <i>The Hong Kong College of Psychiatrists</i> Dr Tony YS Yuen <i>Hong Kong College of Radiologists</i>



## HKJC DPRI Updates

### Typhoon Impact on Subdivided Flat Residents Survey Press Conference, 24 May 2020

The HKJC DPRI and the Integrative Family & Community Service of HKSCHK Lady MacLehose Centre jointly launched the More Knowledge, Less Risk Disaster Resilience Campaign which included the valuable Typhoon Impact on Subdivided Flat Residents Survey. A press conference was held to present the survey results and analysis on 24 May 2020.

A key finding from the survey was that 76.7% of respondents consider themselves “qualified” (scoring 5 points or above) in terms of “Typhoon preparedness”. However, 64.4% of respondents said the building in which they live have been impacted by a typhoon, with problems including blocked drainage, power outages, and fire hazards from power sockets. Only 19.2% of respondents set aside drinking water and flashlights before a typhoon. This reflects a misconception among residents about typhoon preparedness and a lack of action to protect themselves and their families with precautionary measures.

In response to the findings, HKJC DPRI Director Mr Johnson Lo shared recommendations for action at government policy, community, and individual levels. Government departments, NGOs, civil groups, and schools could draw up disaster prevention plans against hazard risks already identified in the community within the means of existing resources. Action could be taken by spelling out the role of individual stakeholders in the event of disasters, planning evacuation routes, increasing inspections on vulnerable areas, and running disaster drills. Such actions build resilient communities that are empowered with preparedness, response, recovery and mitigation, the abilities to manage and go through the four stages of a disaster.

Mr Lo also encouraged members of the public to equip themselves with appropriate precautionary measures against disasters, by referring to reliable information about preparedness prepared by organisations working on the cause. For example, the HKJC DPRI has published the “Typhoon Preparedness: 3 Important Steps” brochure, which offers practical tips to minimise impacts from typhoons.

### Webinar on Business Continuity Planning, 15 July 2020

With over 30 years of professional experience in emergency operation and management, HKJC DPRI Director Mr Johnson Lo reviewed the current situation of COVID-19 and shared his insights and experience on business continuity planning (BCP) with over 80 NGO practitioners and professionals from more than 50 organisations in a webinar held on 15 July 2020. Mr Lo

presented detailed and practical guidelines on disaster preparedness, response and recovery. At the start of the webinar, Mr Lo introduced to the audience to BCP, which is a process that describes how an organisation could continue to function during or after some kind of emergency, or disaster events. BCP involves preparation on how the critical activities can be continued, and the recovery of key services and functions.

Mr Lo further elaborated the four major elements of BCP: (1) risk assessment and mitigation, which involves identifying risks, assessing the impact and developing strategies to mitigate the risks to the service; (2) business impact analysis, which evaluates how risks identified in the risk assessment might affect the operations of an organisation, identifies activities that are critical for the survival of the organisation, and prioritises actions to be taken in order to continue the critical activities; (3) response strategies, which outlines actions to limit the loss of life and property before, during, and immediately after a disaster; and (4) recovery plan, which aims to shorten recovery time and minimise impacts on the service following a disaster. In the part about “response strategies”, Mr Lo specifically raised COVID-19 as an example with suggested response measures covering wide range of scope including personal protective equipment and reserves, personnel arrangements, service replacement platforms, staff training, and management guidelines to cope with the further deterioration of the outbreak situation and reduce the negative impact on organisations. The webinar received positive feedback and participants were interested to join other upcoming webinars.



## HKJC ILCM Updates

### Webinar - Objective Structural Clinical Examination Workshop, 30 May 2020

The Objective Structural Clinical Examination (OSCE) workshop is usually conducted in face-to-face classroom setting with direct and in-person interaction. Delivering it through an online platform is a new attempt. The workshop was held on 30 May 2020 aimed to help participants understand the rationale, principles, and standard setting methods of OSCE. The workshop was targeted at specialist Fellows and registered nurses, with up to 30 seats available. In total, 29 College nominees and other interested individuals registered for the workshop.

Although this was the first of its kind, led by Prof George Wong, the workshop was well received by participants and successfully delivered with engagement of many experienced specialist instructors, including Dr Benny Cheng, Dr Yu-fai Choi, and Prof N Patil, as well as the moderators, Dr Tung-ning Chan and Dr Ralph Cheung.

With the encouraging feedback, this workshop has set a good example for a new way of delivering training programmes.

### Workplace-based Assessment Workshop, 25 July 2020

The first Workplace-based Assessment (WBA) workshop was held on 25 July 2020, including two 3-hour sessions. In this first trial run, in response to the upsurge of local coronavirus cases, the workshop was conducted online with faculty in small groups. The first session included a brief lecture, a practical session, and a performance review. The second session included WBA practice. This first workshop was attended by 21 participants nominated by the Colleges for this trial run.

#### ILCM Upcoming Courses:

	Course Title	Upcoming Course Dates	Application Deadline
1	Comprehensive Simulation Educator Course (CSEC) – 4 days	6–7 & 13–14 March 2021	5 February 2021
2	Debriefing Skills for Simulation Instructor Course (DSSI) – 2 days	7–8 November 2020 23–24 January 2021	7 October 2020 16 December 2020
3	Procedural Sedation Safety Course (PSSC) – 1 day	29 November 2020	30 October 2020
4	Advanced Simulation Training in Mechanical Ventilation (ASTiM4) – 1 day	Course 1: 28 October 2020 Course 2: 29 October 2020	18 September 2020
5	Medical Moulage & Mockup (MMM) Workshop – half day	28 November 2020	28 October 2020

# Debriefing Skills for Simulation Instructor

"A way to build up your teaching capacity with good debriefing techniques!"

Focus on learning and applying Debriefing & Feedback techniques as a tool in adult teaching

Understand the basic concept of experiential and learner-centred education

## Course Dates

7-8 November 2020 (Sat & Sun) - 7 October 2020  
23-24 January 2021 (Sat & Sun) - 16 December 2020

## Deadlines

## Tuition Fee:

\$10,000 for Simulation Alliance Members  
\$8,000 for Hospital Authority Staff



## Areas covered include:

- Theoretic basis of adult learning & simulation
- Experience running immersive scenario simulation
- Develop a structured approach to debriefing
- Practise with different debriefing models
- Learn to provoke in-depth discussion

## Registration:

Please complete the application form (downloadable from our website) and submit on or before respective deadlines

Medium of instruction will be in Cantonese & English

CME/CNE Accreditation Pending

Tel: (852) 2871 8718

Website: <http://hkjcilcm.hk>

Hong Kong Jockey Club Innovative Learning Centre for Medicine,  
Hong Kong Academy of Medicine

Email: [hkjcilcm@hkam.org.hk](mailto:hkjcilcm@hkam.org.hk)

Facebook.com/HKJCILCM/



Hong Kong Jockey Club  
Innovative Learning Centre  
for Medicine

# HKJC iLCM

## Procedural Sedation Safety Course



Hong Kong Jockey Club  
Innovative Learning Centre  
for Medicine



Course Director: Dr. Tanya YAU

*Objectives: To enhance patient safety during procedural sedation by acquiring a scientific foundation of safe practice*

**Upon completion of this course, participants will**

- Understand the usefulness of pre-procedural evaluation and preparation
- Have a deeper understanding of the monitoring during procedure and recovery
- Be able to recognize promptly and manage the sedation-related complications
- Learn about basic sedation pharmacology



**Target Participants:**

All doctors involved in procedural sedation practice

**Course Format:**  
Simulation and problem based learning

Date: 29 November 2020

Time: 08:45 - 16:30

Venue:

iLCM, 7/F HKAM Building

Course Fee: \$3,750  
(\$3,000 for HA staff or College Fellows)

**Registration:**  
Please complete the application form  
(downloadable from our website) and submit on  
or before 30 October 2020  
Medium of instruction will be in Cantonese & English



Tel: (852) 28718718  
E-mail: [hkjclcm@hkam.org.hk](mailto:hkjclcm@hkam.org.hk)  
Website: <http://hkjclcm.hk>  
[Facebook.com/HKJCILCM/](https://www.facebook.com/HKJCILCM/)  
Hong Kong Jockey Club Innovative Learning Centre for Medicine,  
7/F, Hong Kong Academy of Medicine Jockey Club Building  
99 Wong Chuk Hang Road, Aberdeen

# MEDICAL Moulage AND MOCK UP WORKSHOP

## Organizer:

Hong Kong Academy of Medicine's  
Hong Kong Jockey Club Innovative Learning Centre for Medicine

## Aim:

Enhancing fidelity in simulated scenario  
for training, examination and research

## Teaching modes:

Interactive lectures, demonstration,  
hands-on practice



## Target participants:

All healthcare professionals  
interested in casualty simulation

## Course Director:

Dr Carmen LAM

## 2020 COURSE DATE

Date : 28 November 2020 (Saturday)

Time : 08:45 - 12:45

Venue: 7/F, HKAM Jockey Club Building  
99 Wong Chuk Hang Road,  
Aberdeen, Hong Kong

## Registration:

Please complete the application form  
(downloadable from our website) and submit  
on or before **28 October 2020**

Medium of instruction will be in Cantonese  
CME/CNE Accreditation Pending



Tel: (852) 2871 8718  
Email: [hkjclcm@hkam.org.hk](mailto:hkjclcm@hkam.org.hk)  
Website: <http://hkjclcm.hk>  
Hong Kong Jockey Club Innovative Learning Centre for Medicine,  
Hong Kong Academy of Medicine



## Course Fee:

HKD \$1,000

HKD \$600 for Hospital Authority Staff



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Hong Kong Jockey Club  
Innovative Learning Centre  
for Medicine

## Event Highlights

### World No Tobacco Day by the Hong Kong Council on Smoking and Health, 31 May 2020

The Academy is a supporting organisation of “Breathe In. Tobacco Out”, a publicity programme that includes World No Tobacco Day (31 May), also promoted by the Hong Kong Council on Smoking and Health (COSH). The programme aims to promote the benefits of deep breathing and smoke-free lifestyle, as well as motivate smokers to say ‘NO’ to all forms of tobacco products and live smoke-free. During the campaign period, which ended in July, the public were able to support the initiative by pledging and sharing stress relieving tips with family and friends from the programme website, including designing a personalised pinwheel to spread smoke-free messages. A set of smoke-free WhatsApp stickers was also available for sharing among family and friends.

For details, please visit the programme website (<https://www.smokefree.hk/deepbreathing>) or Smoke-free Family Facebook Page (<https://www.facebook.com/smokefreefamily/>).



### Webinar on Medico-legal Issues in Telemedicine, 22 June 2020

The webinar was successfully held on 22 June 2020, with around 530 participants in attendance.

Dr David Kan, Partner, Solicitor Advocate, Howse Williams shared his insights and expertise by examining the available case authorities and the new guidelines. Practical considerations such as informed consent, documentation, follow up and continuous care were discussed.

Vice-President (Education & Examinations) Prof Gilberto Leung facilitated the webinar with a Q&A session allowing participants to reflect and raise their concerns.

Interested Fellows can view or download the presentation here: <http://page.hkam.org.hk/seminar2206ppt>

The earlier webinar in this series on Coronavirus and Related Medico-Legal Issues was held on 24 April 2020, with around 380 participants in attendance. Interested Fellows can view or download the presentation here:  
<http://page.hkam.org.hk/COVID19-Medico-Legal>

# Fellows CONNECT

Social Subcommittee formed to connect Fellows



Promoting Engagement Strengthening sense of belonging Enhancing Cohesiveness

## Special Offers for Academy Fellows

Fellows can enjoy the offers below by presenting a valid Fellowship card.

### Festive Delicacies for Mid-Autumn Festival

- Häagen Dazs
- Shangri-La (Promo Code: HKAM)
  - Island Shangri-La, Hong Kong
  - Kowloon Shangri-La, Hong Kong
  - Kerry Hotel, Hong Kong

### Food and Beverage

- LIS Café, L'hotel Island South
- Komune and TQM Taqueria, Ovolo Southside

### Hotel Accommodation

- Hong Kong Ocean Park Marriott Hotel
- L'hotel Island South
- Ovolo Southside

### Other Gifts

Enjoy 10% storewide upon purchase on the following online shops till 31 December 2020:

(Please use promo code: HKAM\_10)

- Gift Something <http://www.giftsomething.com/>
- Gift Flowers <http://www.giftflowers.com.hk/>
- Gift Hampers <http://www.gifthampers.com.hk/>

For more details of these offers, please use the QR code or refer to the most recent eBlast:  
[https://www.hkam.org.hk/HKAMWEB/pages\\_3\\_280.html](https://www.hkam.org.hk/HKAMWEB/pages_3_280.html)



## Academy Souvenirs

A brand new corporate A5 notebook, priced at \$80/pc or \$150/2 pcs, is now available. Place your order now as stock is limited.

The order form can be downloaded from the Academy website:

[https://www.hkam.org.hk/news/list/20200207/Academy\\_Souvenir\\_Order\\_Form.pdf](https://www.hkam.org.hk/news/list/20200207/Academy_Souvenir_Order_Form.pdf)



## Application for Supplementary Card

(for Fellows' immediate family members only)

The Academy is pleased to extend the use of Academy Lounge to immediate family members of all our Fellows.

Fellows who are interested in applying a Supplementary Card, which is free of charge, for his / her immediate family members may complete and return an application form to the Academy Secretariat. Application form and general conditions can be downloaded from the Fellows' section of the Academy website.

Applications are processed in batches, and the normal lead time is 1–2 months. Once your application is approved, the Supplementary Card will be sent to you by post.

For enquiries, please contact the Academy Secretariat at 2871 8888 or [hkam@hkam.org.hk](mailto:hkam@hkam.org.hk).

The deadline for contributions for the Winter 2020 issue of *academyfocus* is 1 November 2020. Please send any submissions by e-mail to [hkam@hkam.org.hk](mailto:hkam@hkam.org.hk) or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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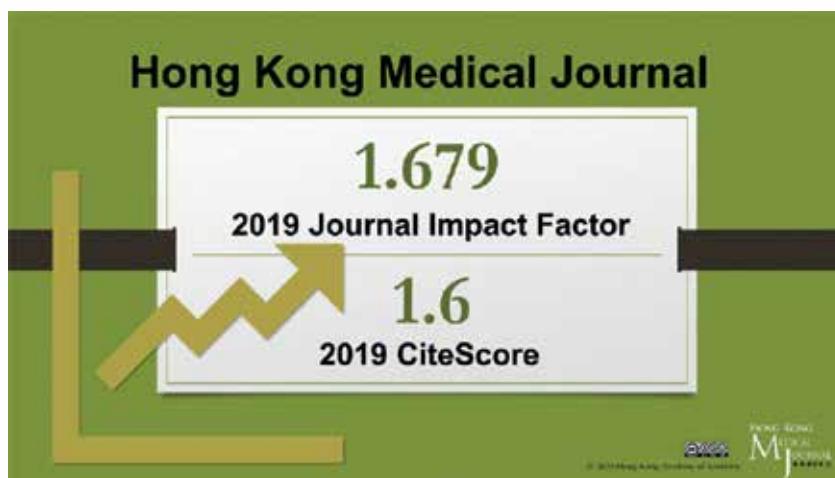
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## **Hong Kong Medical Journal – Broadening Impact and Reach**

Thanks to exemplary work and valuable contributions of the Hong Kong Medical Journal (HKMJ) editors, authors, and reviewers, the quality of papers published in HKMJ has been improving steadily. The great efforts of all involved are reflected in the 2019 Journal Impact Factor of 1.679 (Clarivate 2020) and 2019 CiteScore of 1.6 (Scopus 2020).



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