



IN THIS ISSUE...

President's Message	1
News & Announcements	
Outstanding Fellows Honoured	2
Conferment of Honorary Fellowships	2
Election of Council Members	2
Admission of New Fellows	3
Impact Factor of HKMJ	3
Reopening of Grand Hall and Lecture Theatres	3
Fellowship / CMECPD	3
HKJC ILCM	4
Decision Making in Medical Crisis Course	
HKJCDPRI	5
Exchange Tour (UK)	
Applications of VR in Disaster Training	
Overseas Training Fellowship	
1st IMELF-HKAM	7
3rd Medical Education Conference	11
HKAM Event Highlights	13
Events Attended by President & Officers	15
HKAM Member Services	18
New College Council Members	19
HKAM 25th Anniversary Logo Design Competition	20
HKAM & Medical Alumni Golf Tournament	20

Dear Fellows and colleagues,

Summer has arrived and Hong Kong has been rather 'under the weather' with many black rainstorm warnings in the last few weeks and a T8 signal hoisted in June when Merbok closed in causing havoc in the city. Fortunately, this has not disrupted the work of the Academy.

To begin with, let me update you on my plan to visit all our Colleges as mentioned in my last message. In three months' time, I together with Officers have met more than 10 Colleges to discuss training resources, manpower planning, cross-disciplinary collaboration, and many other issues concerning medical specialty training in Hong Kong. Direct dialogue is always the most efficient way to collect opinions. I deem this engagement activity truly enables a two-way and deep communication with the Colleges, allowing us to get a better understanding of their needs and expectations of the Academy, and most importantly how we could work together to further improve the training of medical and dental specialists in Hong Kong.

During the past several months, the Academy had been busy organising a series of events. I would like to highlight some exciting news and happenings.

The 1st International Medical Education Leaders Forum (IMELF-HKAM), co-organised by the Academy and the Royal College of Physicians and Surgeons of Canada, and our Medical Education Conference (MEC) were successfully held on 26 May and 27 May respectively. Aligning to our core function to advance postgraduate medical education and training, the IMELF-HKAM event delivered key messages on the need to maintain professionalism in the face of rapid technological advances in medicine — clinical, social, and emotional competency as well as ethics of patient care. In our one-day MEC, we organised various presentations and symposia with an in-depth look at professionalism and humanism, faculty development, interprofessional education, and the use of modern technologies to aid clinical training. My sincere thanks go to all the local and overseas speakers for their insightful sharing at those two events.

On 2 June, we co-hosted a documentary screening of *Unseen Enemy* with the National Academy of Medicine. Directed by an Emmy-Award winning filmmaker Ms Janet Tobias, it is a call-to-action documentary exploring the increased threat of epidemics. Renowned experts in infectious diseases and public health were invited to share views on the impact of epidemics in a panel discussion. The next day, on 3 June, a media training workshop was held for College Presidents, spokespersons, and representatives to learn the trend of using social media for information sharing, and practical media handling skills.

More importantly, we have done great on our Journal! I am glad to report that the most recent (2016) impact factor for the *Hong Kong Medical Journal* (HKMJ) is 1.111. This achievement reaffirms the HKMJ's role as a useful source of medical information on advances in medical research and clinical practice. I wish to thank all the editorial board members, authors, and reviewers for their continuous support over the years. Indeed the manuscript writing workshop coordinated by our Press office for the first time on 9 June had also been a success, with very positive feedback from the participants. We will continue to enhance our services for Fellows in the future.

Lastly, allow me to once again touch on the Government's proposal to amend the Medical Registration Ordinance. The Medical Registration (Amendment) Bill (MR(A) Bill) 2017 was gazetted and introduced to the Legislative Council in June. With that, there have been continued debates and controversies within the profession regarding the election of the two Academy representatives in the Medical Council of Hong Kong. To address these concerns, a survey to Fellows was conducted earlier this year. Based on this and with the introduction of the MR(A) Bill 2017 in May, discussion with College Presidents and representatives was kicked off in June. The principles that were considered most important were maintaining the Academy's statutory role in upholding the standards of specialist training and care for the people of Hong Kong, equality across all Colleges in the nomination and election processes, and engagement of Fellows. Consultation and discussion are still on-going.

It is still raining heavily outside as I write. I sincerely hope the weather will improve and that you all get a well-deserved summer break with your family and friends!

*Prof CS Lau
President
June 2017*

News and Announcements

Outstanding Fellows Honoured on the Anniversary of the HKSAR Establishment Day

The Academy congratulates the following distinguished Fellows, who were recognised with honours at the 20th Anniversary of the HKSAR Establishment Day (1 July).

Grand Bauhinia Medal (GBM)

Prof the Honourable LI Kwok-cheung, Arthur, GBM, GBS, JP (The College of Surgeons of Hong Kong)

Gold Bauhinia Star (GBS)

Dr KO Wing-man, GBS, JP (Hong Kong College of Community Medicine)

Bronze Bauhinia Star (BBS)

Dr CHOW Pak-chin, BBS, JP (College of Ophthalmologists of Hong Kong)

Dr LAM James J, BBS, JP (The Hong Kong College of Orthopaedic Surgeons)

Dr LEE Kai-yiu, Anthony, BBS (Hong Kong College of Physicians)

Dr LEUNG Chi-tat, Antony, BBS (Hong Kong College of Physicians)

Prof HUI Shu-cheong, David, BBS (Hong Kong College of Physicians)

Justices of the Peace (JP)

Dr CHEUNG Tak-hong, JP (The Hong Kong College of Obstetricians and Gynaecologists)

Dr HO Pak-leung, JP (The Hong Kong College of Pathologists)

Dr LEE Ka-kui, JP (Hong Kong College of Physicians)

Prof TAM Kwong-hang, JP (The College of Surgeons of Hong Kong)

Conferment of Honorary Fellowships

President Prof CS Lau was conferred an Honorary Fellowship by the American College of Physicians (ACP) on 30 March 2017 and the Royal College of Physicians of Thailand (RCPT) on 1 May 2017, both in his capacity as the Academy's President in recognition of his outstanding contributions to the medical profession.



Prof Lau is conferred an Honorary Fellowship in the Convocation ceremony at the ACP's annual meeting



Prof Lau is conferred an Honorary Fellowship at the RCPT's annual meeting

Election of Council Members

The term of office of the five elected Council Members will expire at the conclusion of this year's annual general meeting. Election process started in mid-July, and results will be announced at the AGM to be held in December 2017. Fellows should have received the notice of election and nomination form. Completed nomination form must reach the Academy office before 5 pm on 15 September 2017.

Admission of New Fellows

A total of 101 new Fellows were admitted at the Extraordinary General Meeting held on 22 June 2017.

Latest Impact Factor of the *Hong Kong Medical Journal*

Hong Kong Medical Journal (HKMJ) is the flagship publication of the Academy. It has been serving its readers by providing high-quality research and review articles reflecting the current practice in the science and art of medicine and public health. The Academy is delighted to announce that the most recent (2016) impact factor for the HKMJ is 1.111 (according to the latest Journal Citation Reports released in June 2017), which represents a 25% increase when compared with its previous impact factor (0.887).

Sincere and heartfelt gratitude is extended to all authors, editorial board members (past and present, local and international), reviewers, and editorial office for the past many years. To continue upgrading the journal with growing prestige and in high quality, the HKMJ looks forward to Fellows' submissions and relentless support in the future!



Reopening of the Grand Hall and Two Lecture Theatres

The renovation works at the Run Run Shaw Hall, Pao Yue Kong Auditorium, and Lim Por Yen Lecture Theatre of the Academy building have recently been completed. Such renovation is considered necessary after its last refurbishment taking place over 10 years ago. The recent works included replacing ageing air-conditioner venting ducts and acoustic panels, and upgrading the audio-visual equipment. The overall quality of acoustics should have been improved after renovation.

For enquiries or booking service for these venues, please contact the Event Team at (852) 2871 8787 or via email <eventteam@hkam.org.hk>. To learn more about the facilities at the Academy building, please visit <https://www.hkam.org.hk/HKAMWEB/pages_6_82.html>.



Fellowship / CMECPD

Annual Subscriptions

Demand notes for the 2017 subscriptions were sent to Fellows in December 2016. Please settle the payment as soon as possible. Reminder:

1. All payments must be received by the Academy before 30 September. According to Bylaw 6.4: If a member's fee or any other moneys due by a member to the Academy is not received by the Academy within 9 months after such payment falls due, despite two written reminders by the Academy to pay, the member shall automatically forfeit his membership.
2. It is Council's policy that late subscriptions received by the Academy after 30 June will be subject to a surcharge of 5% on the subscription amount.
3. For Fellows who have authorised payment via bank transfer/credit card, payments will be deducted from their bank accounts or credit card automatically.
4. Fellows aged over 70, or have reached 70 before the beginning of the next subscription year, do not need to pay any subscription and will not receive a debit note.
5. Fellows residing outside Hong Kong or have reached the age of 65 and have retired from all remunerative practice/job/business must submit written applications for reduced rates before 31 December if they wish to enjoy the reduced rates next year. For details, please visit <http://www.hkam.org.hk/fellows_area/reduced_rate.pdf>.

e-Receipt

A new function "e-Receipt" on the iCMECPD website is now available. Fellows who have settled the payment for 2017 subscription can login to iCMECPD (User's Corner → e-Receipt for Annual Subscription) to view and print their Annual Subscription receipts online. To reduce environmental impact, printed copies may only be sent upon request starting next year.

CME/CPD Principles & Guidelines 2017-19

Please note that the CME/CPD Principles & Guidelines for the cycle 2017-19 will remain unchanged, i.e. no more than 75 points can be awarded for passive participation in a 3-year cycle. Fellows are strongly advised to maintain a balanced CME/CPD profile with a mix of different activities, in order to capture the full benefit of different types of CME/CPD activities. The document, *Principles & Guidelines 2017-19*, is available online on the Academy website.

(Note: Individual Colleges will have their own set of guidelines based on what have been agreed at the Academy level. There may be specific rules or requirements that the Colleges determine to be relevant for their specialties.)

Fellow's Contact Details Update

The Academy sometimes gets error messages when sending messages to Fellows' registered emails, which may be caused by full mailboxes, invalid addresses, etc. A valid email address is essential for Fellows to gain access to iCMECPD account and view the CME/CPD profile. In order to help us maintain an up-to-date database, please keep us informed whenever there are changes to your email address, mailing address, or contact number by updating information in your iCMECPD account <<http://www.icmecpd.hk>>. Fellows also need to be aware of mailbox capacity and keep the registered emails active by ensuring that there is sufficient space in their accounts for emails to be delivered.

iCMECPD App Now Available at App Store and Google Play

To further enhance the online services for CME/CPD, the Academy has developed a mobile application for capturing attendance — **iCMECPD App**. It is now available at Apple's App Store and Google's Play. Fellows may download the App by scanning the respective QR code below (or search "icmecpd" from App Store/Google Play) and install it in their smartphone with operating system in iOS (8.0 or above) or Android (4.3 or above).

Starting from 2017, Fellows may capture their attendance by using the App to scan the QR code for CME/CPD activities held by the Academy/Colleges at the HKAM Jockey Club Building. The Academy has started liaising with organisers on pilot runs of the App for their activities to be held so that they will gradually use this paperless online accreditation application and attendance capture process from 2017 onwards. In addition, briefing sessions will be conducted for organisers to further promote the App and the system.

Install the iCMECPD App to Get a Special Gift

Fellows who have installed and logged into the iCMECPD App can get a special gift from the Academy at the CME/CPD counter during our upcoming events. Come to our events to get the gift!



Decision Making in Medical Crisis Course

With overwhelming responses from the applicants, the initial run of Decision Making in Medical Crisis Course was successfully held on 6 May 2017.

The Course was co-organised by the HKJC Innovative Learning Centre for Medicine and the HKJC Disaster Preparedness and Response Institute with support from the Hong Kong Jockey Club Charities Trust. With an aim to introduce participants to pitfalls in decision-making and factors influencing the thinking process in medical crisis, the Course required active participation and deep reflection of participants through interactive lectures, games, simulation, and debriefing. A total of 12 doctors and nurses from various specialties participated in the course, with encouraging and positive feedback received.



Exchange Tour to the UK on Global Emergency Medical Team Development

Since 2016, the Hong Kong Jockey Club Disaster Preparedness and Response Institute (HKJCDPRI) has been working with the University of Manchester Humanitarian and Conflict Response Institute (HCRI), which is a WHO Collaborating Centre for Emergency Medical Teams (EMT) and Emergency Capacity Building, on a project to support the work of the WHO in promoting minimum standards in global deployment of EMT for large-scale disasters. In the past year, the HKJCDPRI conducted various capacity-building activities in Hong Kong and the Mainland.

One of the latest activities was a study tour organised by the HKJCDPRI. During 8 to 12 May 2017, a tour consisting of relevant experts from Hong Kong and the Mainland visited various emergency response organisations in the UK. Participants from Hong Kong included 12 representatives of the Hospital Authority, Department of Health, Auxiliary Medical Service, Hong Kong College of Emergency Medicine, and Hong Kong Red Cross.

The tour aimed to provide an opportunity for healthcare professionals from Hong Kong and the Mainland to obtain knowledge and gain an insight into the emergency response system in the UK. During the 5-day trip, the group visited various key emergency service providers in the country, such as the UK-Med, Department of Health, National Health Service (England), Public Health England, and Department for International Development. They also shared and discussed with the UK experts about the common challenges they are facing as well as the training needs and gaps.

During the trip, the importance of developing core curriculum for national EMT training to prepare for global deployment was restated. With emerging interest and increasing experience of deployment to other countries in response to humanitarian crisis, the Chinese teams could contribute to the WHO in developing standards in training and setting up of EMT. The DPRI-HCRI project allows the EMT from China (including Hong Kong and the Mainland) to connect to the wider world on a global platform through a collaborative approach that brings mutual benefits.



One of the visits was to the London Ambulance Service, which provides emergency medical care to patients across the capital

Applications of Virtual Reality in Disaster Training

Simulation is almost a standard in disaster preparedness training to provide incident commanders a highly realistic and interactive environment for practising their skills in decision-making, control, and coordination in an emergency situation. Virtual Reality (VR) simulation is increasingly popular for disaster management and rescue training, and is recognised as one of the important learning modalities. The use of VR seems to have bridged the gap between paper-based and field-based training, which have been commonly utilised for disaster training. Some other advantages of VR simulation include enhancing immersive virtual environments, facilitating instant feedback on performance, allowing participants to learn at their own pace, and providing unlimited number of virtual scenarios, etc.

The HKJCDPRI has started using VR simulation to advance practice and sustain learning outcomes of disaster training. The VR tools include the laptop animation-based interactive software and the use of 360-degree immersive projection system. For details, please visit the HKJCDPRI website <<http://www.hkjcdpri.org.hk>> or contact us at 2871 8507 or via email <hkjcdpri@hkam.org.hk>.



Production of VR-simulated scenes for Hazmat training to be held in September 2017 at the Academy is underway



Participants using the VR software to build disaster scenarios at the 'Introduction to Use of VR for Disaster Preparedness Training' workshop on 31 May 2017



360-degree VR-simulated aerial scenes with animated victims are used for aeromedical training of government aircrew officers

Want a career break and enjoy a fellowship experience with sponsorship up to HK\$180,000?

Check out the Overseas Training Fellowship for Emergency Medicine (EM) / Emergency Medical Services (EMS) of HKJCDPRI !

<<http://www.hkjcdpri.org.hk/overseas-training-fellowship-for-EM-EMS>>



Target: Healthcare professionals and paramedics providing services in EM / EMS in the disaster context.

Training mode: Attend a training course and / or a placement on disaster management for the EM / EMS sector.

Duration: 2 weeks (minimum) to 12 months (maximum)

A sample course list is available on our website: <<http://www.hkjcdpri.org.hk/download/fellow/oversea/Exampleoftrainings.pdf>>. Please contact HKJCDPRI for any queries at 2871 8507 or via email: <hkjcdpri@hkam.org.hk>.

1ST IMELF-HKAM

Co-organised by the Royal College of Physicians and Surgeons of Canada and Hong Kong Academy of Medicine

The 1st IMELF-HKAM was successfully held at the Academy premises on 26 May 2017. Over thirty leaders of medical education from seven countries (including Australia, Bangladesh, Canada, China, South Korea, United Kingdom, and Vietnam) gathered together for a lively discussion of issues on ‘**Moderation of Postgraduate Medical Education**’, which was the theme of this inaugural event.



Speakers and participants giving the inaugural IMELF-HKAM a firm thumbs up

This invitation-only forum is geared towards senior leaders in medical education such as presidents, CEOs, deans, and postgraduate deans from colleges and institutions from different countries to network and discuss challenges and innovations in postgraduate medical education, lifelong learning, and global medical education issues.

The forum began with welcome remarks from Vice-President (Education and Examinations) Prof Gilberto Leung, who then introduced the three speakers for the plenary sessions.



Prof Leung introducing speakers for the plenary sessions and acts as moderator for the open group discussion

Forum Enlivened by Three Plenary Sessions

The following two pages provide a brief summary of the plenary sessions during the 1st IMELF-HKAM.

BACKGROUND

What is IMELF?

The IMELF (International Medical Education Leaders Forum) was founded by Dr Andrew Padmos, CEO of the Royal College of Physicians and Surgeons of Canada (RCPSC), in 2008. It is a one-day by-invitation-only meeting scheduled annually in conjunction with the RCPSC's International Conference on Residency Education. The IMELF Program is created every year to focus on contemporary topics, at a strategic level, related to postgraduate medical education.

Why is IMELF-HKAM important to the Academy?

Postgraduate medical education should be constantly reviewed to cope with the ever-changing healthcare landscape. The 1st IMELF-HKAM invited worldwide medical leaders to share invaluable experience and insights into postgraduate medical education and training.

Overview on Competence by Design (CBD)

by **Dr Kevin Imrie**, Past President, Royal College of Physicians and Surgeons of Canada

Dr Imrie related the future of postgraduate medical education with competency-based medical education (CBME), which was defined as “an outcomes-based approach to the design, implementation, assessment and evaluation of a medical education program using an organising framework of competencies”. He described competency as “an observable ability of a health professional”, which reflects a spectrum of ability; integrates multiple components such as knowledge, skills, values, and attitudes; and is measurable with respect to a defined outcome.

According to Dr Imrie, RCPSC is implementing CBME through the competence by design (CBD) initiative, which is a multi-year outcomes-focused transformational change initiative in specialty education that uses competencies as the organising framework for learning and assessment. CBD focuses on the learning continuum from the start of residency till retirement. Dr Imrie continued to elaborate on what would a resident’s and teacher’s life be like after implementing CBD.

While CBD has lots of promise, Dr Imrie remarked that it poses a substantial number of challenges too. These include resistance to change, resource implications, complex governance, ownership issue, need for robust electronic platforms, data issues (security/confidentiality, ownership, and minimum datasets), integration of multiple systems, size and scope of the roll out, balancing need for field testing and piloting with need to implement, approach for residents already in training, and faculty development.

In spite of these challenges, Dr Imrie believed that CBME offers the potential to better attest to the competence of the graduating residents while increasing flexibility of training. However, implementing CBME needs to be done thoughtfully in collaboration with partner organisations and with strong input from frontline teachers, educators, and residents. Robust electronic systems also need to be developed with careful attention to data ownership and management.

“CBME is a global movement”, said Dr Imrie, “it will transform the RCPSC’s training programs and is well underway”. He also reminded the participants that “resource impact needs to be carefully considered”.



“Phases of training is not defined by time, but designed with much flexibility”

Postgraduate Medical Education in the Era of 4th Industrial Revolution

by **Prof Ducksun Ahn**, President, Korean Institute of Medical Education and Evaluation

“We are at the beginning of the 4th Industrial Revolution”, said Prof Ahn, and such revolution is marked by new and emerging technology breakthroughs in a number of fields, e.g. artificial intelligence, robotics, wearable devices, autonomous vehicles, 3D printing, nanotechnology, biotechnology, materials science, energy storage, quantum computing, etc. Building on this technological revolution in the 21st century, the concept of ‘convergence’ emerges, referring to the transdisciplinary integration of diverse array of life sciences, physical sciences, engineering and beyond.

Prof Ahn remarked that leadership under the 4th Industrial Revolution requires nothing less than a wholesale shift of the mental models, a step change in collaborative engagement, the ability to collectively envisage the futures that we want to create, and a critical vision on technological progress.



“Transdisciplinary language and knowledge integration are important”

To equip leaders of health profession for the 21st century, transforming education to strengthen the healthcare system is a must. Prof Ahn explained the concept of transformative learning, which is divided into three stages. The first is the informative stage which provides information and skills, and is expected to create experts. The second is the formative stage which reinforces socialisation and inculcates values for producing professionals. Transformative learning, which is the third stage, promotes

the development of 'change agents' who have leadership attributes and are able to engage in the transformation of healthcare systems.

Prof Ahn believed it is not sufficient for a doctor, being a 'change agent', to have clinical competence only. It is also essential for doctors to possess non-clinical competencies, e.g. communication skills, ethics, management, teamwork, leadership, and professionalism, etc. He also cited a variety of general and targeted learning strategies that could foster social and emotional skills.

Prof Ahn concluded by saying that "Training to train residents that are both socially and emotionally competent and responsible is of the utmost importance amidst the technological revolution".

Postgraduate Medical Education: Beyond Clinical Competency

by Prof CS Lau, President, Hong Kong Academy of Medicine

The last plenary session was dedicated to the theme of medical professionalism.

After an introduction of the Academy to the participants, Prof Lau emphasised the need and demand for a high-standard postgraduate training. He reckoned competency of a doctor should consist of both clinical competence and ethics of patient care.

By citing the 'Framework for Professionalism',¹ Prof Lau explained that the foundation of professionalism includes clinical competence, effective communication skills, and a sound understanding of ethics. Building on these are key attributes of professionalism, which are accountability, altruism, excellence, and humanism. He added that dimensions of medical professionalism should not be confined to personal orientation, but also to organisational orientation.

Prof Lau reaffirmed that medical professionalism is important, because (1) patients, medical societies, and accrediting organisations expect physicians to be professional; (2) professionalism is associated with improved medical outcomes; and (3) the tenets of professionalism (focusing on desirable attributes to instil in practitioners) are purposely devised strategies to re-invigorate medicine and increase public credibility. Above all, teaching and assessing professionalism should not be left to chance alone, but should be intentionally done.

There are challenges in teaching students medical professionalism. Prof Lau expected more challenges in teaching clinicians medical professionalism. These include increasing complexity of healthcare and higher demands made on doctors by peers and patients; high patient volumes and low staff-to-patient ratios negatively impact on professional behaviour; negative impact on duty hour changes primarily on residents; the curriculum, if any, is often unwritten; and faculty development programmes are needed.

Prof Lau also identified possible learning needs of residents, including individual ethics or action; interprofessional relations; patient confidentiality and patient-doctor relationship; specific topics (e.g. end-of-life care, do-not-resuscitate order, conflicts with families, advanced directives, informed consent, etc); conflicts of interests; and concordant and discordant concerns (family interactions).

Various instruments have been developed to assess medical professionalism, and the following tools were specified by Prof Lau: observed clinical encounters; collated views of co-workers (360-degree evaluation); patient surveys; records of incidents of professional lapses; critical incident reports; simulations; paper-based tests; and self-evaluation.

Prof Lau concluded by quoting from two articles that "professionalism must be taught,"² although "it is never easy teaching professionalism".³

References

1. Arnold L, Stern DT. What is medical professionalism? In: Stern DT, editor. Measuring medical professionalism. New York, NY: Oxford University Press; 2006: 15-37.
2. Cruess SR, Cruess RL. Professionalism must be taught. *BMJ* 1997;315:1674.
3. Beauchamp G. The challenge of teaching professionalism. *Ann Acad Med Singapore* 2004;33:697-705.



"Professionalism must be taught, but it is difficult to teach professionalism"

Round-table Working Sessions and Open Group Discussion

Following the plenary sessions were round-table working sessions. Participants were divided into three groups discussing six pre-set questions, and were asked to present their findings. An inspiring and lively open group discussion ensued addressing pressing issues related to postgraduate education and training. The 1st IMELF-HKAM was then brought to a close with some reflections on the day and a vote of thanks by Prof CS Lau at the networking dinner.



Participants at round-table session discussing six pre-set questions: (1) What are the major barriers and challenges to moving to a competency-based approach in your jurisdiction? (2) What do you see as the three major necessary enablers to make the change to competency-based education happen? (3) How can we break the silos and secure safe learning environments for the resident training? (4) How can we establish the most effective resident training governance? (5) What factors predict professionals who misbehave? (6) Should professionalism be assessed for specialist training?



The open group discussion weighing-in on many issues of concern

Looking Ahead

The Academy looks forward to drawing on the experience and viewpoints of the distinguished leaders at the next forum.

3rd Medical Education Conference

The 3rd Medical Education Conference (MEC) was held on 27 May 2017 at the Academy premises and was well-attended by over 230 participants. With the theme of **'Modern Trends in Medical Education'**, the Conference brought together local and international health professionals, educators, trainers, and renowned experts to exchange ideas and share experiences on best practice in medical education. Various aspects of the theme — professionalism, faculty development, interprofessional education, and e-learning — were ably covered by the speakers at the plenary sessions. Symposia and workshops were also held concurrently on the same day.



Welcome addresses delivered by President Prof CS Lau and the then Under Secretary for Food and Health Prof Sophia Chan marks the opening of the 3rd MEC

In the first plenary session on **'What and how to assess professionalism in a clinical setting?'**, Dr Kevin Imrie outlined the key concepts of professionalism. He highlighted the challenges in teaching and assessing professionalism as well as providing tools to integrate such into training programmes. He further elaborated on the work that the Royal College of Physicians and Surgeons of Canada is doing with their partners to develop a plan to foster culture change, and reinvigorate views on professionalism and leadership related to civility in the learning and practice environment. He also explored how using and adapting current medical education tools and structures (such as accreditation, competency frameworks, and educational resources) can assess professionalism in a clinical setting, and contribute to a healthier working and learning environment.

In the second plenary session, Laureate Prof Nicholas J Talley shared with the audience his experience in faculty development by speaking on the topic of **'Faculty development for busy clinicians who teach medicine: lessons from an undergraduate and postgraduate program in Australia'**. He said faculty development has many definitions, but it refers to opportunities for individual professional growth, building skills to contribute to a programme (not just teach into it) and perhaps most importantly, improving the education vitality of the local institution. According to Prof Talley, the University of Newcastle (UON) medical programme in 2017 moved from a traditional undergraduate degree to a doctor of medicine (MD) model, uniquely to be delivered in a 5-year timeframe. Features of the model include a compulsory research stream, an optional medical education stream, increased clinical skills training, enhanced critical thinking, strong integration of basic and clinical sciences, and greater work readiness preparation. Faculty development at UON has included building skills in leadership, project management, and managing teams. Prof Talley said a shared commitment with health services to achieving the highest quality work-ready graduates had been achieved. For the Faculty leaders trying to introduce major innovation, Prof Talley advised that understanding change management and disruptive innovation proved critical. He said mental health support and strategies to reduce burnout has been introduced, and abolishing bullying has been another focus. He concluded that further research into ways faculty development can be supported and enhanced is needed.

In the last plenary session on **"Interprofessional education and collaboration: quality care is a team sport"**, Dr Viren Naik emphasised that doctors do not manage patients in isolation; it is a team sport rather. He said medical institutions around the world are targeting three main goals: providing patients with a better experience; lowering costs; and improving the health of populations. He reckoned that interprofessional education (IPE) is a 'bottom up' approach to improving collaborative practice, which is critical in enabling the above-mentioned three goals. According to Dr Naik, engaging different professions in learning with, from, and about each other will be important to transforming health education. Success in implementing IPE also depends on identifying both opportunities and potential threats.

The panel discussion before the conclusion of the Conference was presided over by Prof CS Lau. The discussion focused on **‘How to develop a training program in professionalism?’**, leveraging the varied experiences and ideas of experts from different sectors.



(back row, from left) Dr Abraham Wai (Clinical Assistant Professor, Li Ka Shing Faculty of Medicine, The University of Hong Kong), Dr Dominic Foo (Clinical Assistant Professor, Department of Surgery, The University of Hong Kong), Prof Hector Chan (Education – Assistant Dean, The Chinese University of Hong Kong), Prof Gilberto Leung (Vice-President (Education and Examinations), Hong Kong Academy of Medicine), Dr YF Choi (Chairman, Education Subcommittee, Hong Kong Jockey Club Innovative Learning Centre for Medicine), Dr Winnie Tse (Chairlady, Education Committee, Hong Kong College of Paediatricians), Dr PP Chen (Honorary Director, Hong Kong Jockey Club Innovative Learning Centre for Medicine)

(front row, from left) Mr Carl Matheson (Director, Assessment & Innovation, Australian Medical Council), Dr Viren Naik (Director of Assessment, Royal College of Physicians and Surgeons of Canada), Dr Kevin Imrie (Past President, Royal College of Physicians and Surgeons of Canada), Prof Sophia Chan (the then Under Secretary for Food and Health), Prof CS Lau (President, Hong Kong Academy of Medicine), Laureate Prof Nicholas Talley (Pro Vice-Chancellor, Global Research, The University of Newcastle, Australia), Prof Ducksun Ahn (Vice-President, World Federation for Medical Education), and Balakrishnan R Nair (Centre for Medical Professional Development, School of Medicine and Public Health, Faculty of Health and Medicine, The University of Newcastle, Australia)

HKAM Event Highlights

Council Dinner with Officials from Food and Health Bureau and Department of Health, 20 April 2017

The Academy Council hosted a networking dinner with the Food and Health Bureau and Department of Health on 20 April. It was attended by the then Secretary for Food and Health Dr the Hon WM Ko, the then Permanent Secretary for Food and Health (Health) Mr Patrick Nip, the then Under Secretary for Food and Health Prof Sophia Chan, Director of Health Dr Constance Chan, Contoller of Centre for Health Protection Dr KH Wong, Deputy Director of Health Dr Cindy Lai, and Academy's Council Members. It was a pleasant occasion for our guests who looked forward to continuing collaboration with each other in the provision of holistic healthcare.



Visit from Zhongshan School of Medicine, Sun Yat-sen University, 27 April 2017

Led by Dean Prof Song Er-wei, a delegation from Zhongshan School of Medicine, Sun Yat-sen University paid a visit to the Academy on 27 April. President Prof CS Lau, Immediate Past President Dr Donald Li, Honorary Treasurer Dr YF Chow, as well as Vice-President of the College of Surgeons of Hong Kong Prof Edward Lai received Prof Song and his delegation. They had a fruitful discussion on specialist training in Hong Kong and China. Some delegates also visited the Hong Kong Jockey Club Innovative Learning Centre for Medicine after the meeting. They were impressed by the design and facilities of the Centre.



Council Dinner with Representatives from the Hospital Authority, 18 May 2017

The Academy Council organised a Council Dinner on 18 May and took the opportunity to further develop strong networking ties with the Hospital Authority (HA). The HA Chairman Prof John Leong and Chief Executive Dr Pak-yin Leung attended the dinner with other HA representatives. The Academy's Council Members and guests spent a pleasant evening with good food and conversation.



Lunch Meeting with NHFPC, CMA, and CMDA, 27 May 2017

The President and Officers hosted a lunch to welcome the representatives from the National Health and Family Planning Commission (NHFPC), Chinese Medical Association (CMA), and Chinese Medical Doctor Association (CMDA) when they attended the Medical Education Conference on 27 May. The parties exchanged their views on the specialist training systems in China and Hong Kong.



Documentary Screening: *Unseen Enemy*, 2 June 2017

The Hong Kong Academy of Medicine and the National Academy of Medicine co-organised a special screening of the award-winning documentary *Unseen Enemy* on 2 June. The documentary explores the crisis that we are facing through case studies of three epidemics: Zika, Ebola, and influenza. The event attracted around 100 participants including healthcare policy leaders, academics, clinical practitioners, researchers, and students. The then Secretary for Security the Honourable Lai Tung-kwok was present to officiate the screening event.



After the documentary screening, local and overseas healthcare and public health professionals joined a panel discussion co-moderated by Prof CS Lau and Dr Thomas Tsang, Clinical Associate Professor of The Jockey Club School of Public Health and Primary Care of the CUHK and Vice-President of the Hong Kong College of Community Medicine. Panel members were Controller of the Centre for Health Protection Dr KH Wong; experts from the Li Ka Shing Faculty of Medicine at the University of Hong Kong including Dean Prof Gabriel Leung, Director of School of Public Health Prof Keiji Fukuda, and Chair of Infectious Diseases at the Department of Microbiology Prof KY Yuen; President of the National Academy of Medicine Dr Victor Dzau; as well as Director of *Unseen Enemy* Ms Janet Tobias. They shared their insightful views on the potentially devastating impact of the epidemics, with thought-provoking conversations on the subject of the next pandemic.



Media Training Workshop, 3 June 2017

Around 30 participants joined a media training workshop catered for Presidents, spokes-persons, and representatives of the Colleges on 3 June. Through talks and role-play sessions, the participants learnt the essentials to deliver key messages in social media as well as the techniques and practical skills needed to deal with the media.



Manuscript Writing Workshop, 9 June 2017

The 2-hour Workshop was successfully held on 9 June attracting 44 participants (28 Fellows, 8 Trainees, and 8 colleagues from DPRI & Press). The speaker, Dr Trevor Lane, shared his experience in professional and effective writing skills, identified some common errors in medical writing, and discussed about the structure of a good manuscript. Most participants found the workshop useful and some are expecting upcoming courses in publication.



Events Attended by the President and Officers



At the **Clinical Pledging Ceremony of the Faculty of Dentistry, The University of Hong Kong** on 3 March 2017, President Prof CS Lau addressed the ceremony as Guest-of-Honour. During the ceremony, Prof Lau also presented name badges to the dental students who took a pledge of clinical conduct and quality patient care. The students received clinical name badge to wear in the hospital clinics for their remainder of their BDS degree as a reminder of their professional obligation



At the **Integrative Joint Organizational Platform Conference** organised by the Hong Kong Association for Integration of Chinese-Western Medicine on 12 March 2017, President Prof CS Lau attended as a stage guest at the opening ceremony. The theme of the conference was 'Frontiers of Integrative Medicine – Clinical Challenges and Future Directions'. Immediate Past President Dr Donald Li also delivered an insightful talk on 'Integrating Chinese-Western Medicine in Family Medicine' at the Conference



Honorary Treasurer Dr YF Chow joined the prize presentation ceremony of the 7th "Quit to Win" Contest cum Smoke-free Community Campaign initiated by the Hong Kong Council on Smoking and Health on 17 March 2017. Winners of the Contest shared their successful stories and tips on smoking cessation at the Contest



Vice-President (Education and Examinations) Prof Gilberto Leung attended the press conference for the **World Health Day 2017** organised by the Department of Health on 7 April 2017. The slogan of this year's campaign is 'Depression Matters – Let's Stand Together'



President Prof CS Lau, Vice-President (Education and Examinations) Prof Gilberto Leung, and Honorary Treasurer Dr YF Chow attended the **Council dinner of the Hong Kong Medical Association** on 11 April 2017. There were fruitful discussions about continuing medical education, reform of the Medical Council of Hong Kong, Government's regulatory framework for medical devices, and other associated matters



At the **Conferment Ceremony of the Hong Kong College of Orthopaedic Surgeons** on 10 May 2017, President Prof CS Lau offered his warmest congratulations to the new College Fellows on their remarkable achievements and wished them all the best for their professional career



*Vice-President (Education and Examinations) Prof Gilberto Leung was an officiating guest at the **Hong Kong Wish Month 2017 Celebration Ceremony** organised by the Make-A-Wish Hong Kong on 12 May 2017. At the ceremony, Prof Leung presented tokens of appreciation to corporate partners, who have committed to turn children's wishes into memorable reality*



*At the **Conferment Ceremony of the Hong Kong Academy of Nursing** on 13 May 2017, Prof Martin Wong shared the happiness with new nursing fellows who have marked an important milestone in their career*

On 15 March 2017, President Prof CS Lau hosted a lunch meeting for representatives from the **Harvard Global Health Institute** to discuss possible collaboration between the Academy and the Institute. Other participants included Vice-President (General Affairs) Dr CC Lau, Honorary Treasurer Dr YF Chow, Immediate Past President Dr Donald Li, as well as representatives from Harvard Global Health Institute including Faculty Director Prof Ashish Jha and Director of Strategy Ms Sarah Branstrator.

On 15 March 2017, President Prof CS Lau hosted a welcome tea session for **Harvard T.H. Chan School of Public Health** Dean Michelle Williams. The afternoon tea meeting was also attended by Vice-President (General Affairs) Dr CC Lau, Immediate Past President Dr Donald Li, and Vice Dean (External Relations) of Harvard T.H. Chan School of Public Health Mr Michael Voligny. Dean Williams was updated on some initiatives led by Harvard colleagues, which are part of the programme for the Hong Kong Jockey Club Disaster Preparedness and Response Institute of the Academy.

During 30 March to 1 April 2017, President Prof CS Lau participated in the **Internal Medicine Meeting organised by the American College of Physicians (ACP)** in San Diego. At the International Forum on 31 March, he also exchanged views with the ACP Officers, overseas medical leaders, and delegates on matters related to the theme of 'Reducing Overuse and Misuse: High Value Care and Choosing Wisely'.

On 25 April 2017, Editor Prof Martin Wong joined the **Presidents' and Editors' dinner organised by the Federation of Medical Societies of Hong Kong (FMSHK)**. The dinner gathered medical, dental, nursing, and allied health professionals from 140 member societies of the FMSHK.

During 7-8 May 2017, President Prof CS Lau attended the **Royal Australian College of Physicians (RACP) Ceremony** as a stage guest. He also joined the RACP Congress with the theme of 'Bringing Specialists Together. Sharing Knowledge. Building Skills'.

On 15 May 2017, President Prof CS Lau was invited to deliver a talk on the Academy's role at the enhanced **Pre-internship Block**, co-organised by the University of Hong Kong and the Chinese University of Hong Kong. The Pre-internship Block was part of the faculty's orientation programme, which aimed to prepare final-year medical students for the transition from medical students to practitioners.

On 16 May 2017, President Prof CS Lau attended the opening ceremony of **2017 Hospital Authority Convention**. This year's convention focused on core values of the Hospital Authority including 'People-centred Care', 'Professional Service', 'Committed Staff', and 'Teamwork'. Elected Council Member Dr PP Chen moderated a special session on 'Simulation in Clinical Training and Assessment' during the convention.

HKAM Member Services

New Academy Souvenirs

A wide range of well-designed, quality Academy gifts and accessories are available at the Academy Lounge. Fellows may also place an order by completing and returning an order form to the Secretariat. Please visit the Academy website for details: <https://www.hkam.org.hk/HKAMWEB/pages_6_115.html>.

Yum Cha Service at the Academy

Are you looking for a distinctive dim sum place for gathering with family and friends? The Academy has been serving the Chinese delicacy once a month on selected Sundays from 12:00 noon. Come and enjoy our vast range of Cantonese dim sum served with a selection of finest tea. You may also have surprise encounter with colleagues you have not seen for a long time, or highly respected senior members of the Academy like Prof David Todd, who is among our regular clientele.

Scheduled dates in 2017*:

20 August, 10 September, 22 October, 17 December
(ample parking space available free of charge)

* The schedule is subject to change

For reservation and enquiries, please call 2871 8896.



*It was a full house on **Mother's Day**! On 14 May 2017, many Fellows and their families enjoyed the special dim sum menu during 'Yum Cha', which was the very first event held at the Grand Hall on completion of its renovation. The above photo shows participants taking pleasure in the flower pressing workshop in the foyer where they create their own flower artwork frame*



*Families of our Fellows enjoying the celebratory meal on **Father's Day** on 18 June 2017 at the Academy Grand Hall, despite the occasional showers and thunderstorm warning hoisted for a few hours. It was indeed a good day for staying indoors!*

NEW! Exclusive Privileges for Academy Fellows

Academy Fellows can present their valid HKAM Fellowship Card to enjoy discounts of the following:

- L'Hotel Island South: 20% off on buffet, a la carte menu, and holiday brunch (valid until 31 December 2017)
- Island Shangri-La: up to 20% off on Mid-Autumn mooncakes and hampers

Please visit the Academy website for details.

Come to Enjoy Chilled Drinks and Premium Snack Items at the Academy Lounge

The Academy Lounge is a nicely decorated place with cosy atmosphere ideal for social occasions. The Lounge offers a menu of gourmet appetizers and drink specials, as well as BBQ menus.

Service hours

Monday to Saturday 1200 hrs - 2100 hrs
Sunday and Public Holiday 0900 hrs - 2100 hrs



NEW!



Refreshing mocktails in summer months!

The best way to cool down in the hot and humid summer in Hong Kong is having a refreshing mocktail. Two selected mocktails (non-alcoholic) will be promoted each month during July - August and September - October at the Academy Lounge. Selling price is from \$38 per glass.

HKAM Facebook Page Launched

HKAM Facebook page has been officially launched. Serving as a new platform to engage our Fellows and stakeholders, the Facebook page will include our latest news and events. 'Like' and 'Share' our Facebook page with your friends now!



<https://www.facebook.com/hkam.org.hk>

New College Council Members

The following Academy College has held annual general meetings and submitted new Council lists to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council Members. (For lists of other College Councils, please refer to the Colleges section on the Academy website.)



College of Ophthalmologists of Hong Kong

President	Prof Jimmy SM Lai
Vice-President (Prof Affairs)	Prof Clement CY Tham
Vice-President (Gen Affairs)	Dr Nai-man Lam
Hon Secretary	Dr Emily FY Yeung
Hon Treasurer	Dr Nancy SY Yuen
Editor	Dr Ian YH Wong
Ex-officio	Dr Pak-chin Chow
Council Members	Dr Andy CO Cheng
	Dr Simon TC Ko
	Dr Alan CK Ng
	Dr Hon-wah Yung

Dr George PM Cheng
Dr Alvin KH Kwok
Dr Hunter KL Yuen

Dr Kai-kit Ho
Dr Lawrence YM Lam
Dr Can YF Yuen

Deadline for Autumn 2017 issue

The deadline for contributions for the Autumn 2017 issue of *academyfocus* is 31 August 2017. Please send any submissions by e-mail <hkam@hkam.org.hk> or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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Dr CC Lau

Prof CS Lau

Dr YL Yu

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Prof YL Lau

Prof Annie Cheung

Prof Philip Li

Prof Eric Chen

Dr CK Law

Prof Paul Lai

Elected Council Members

Dr PP Chen

Dr SF Hung

Prof Gabriel Leung

Dr HT Luk

Dr Matthew Tsui

HKAM 25th Anniversary Logo Design Competition — Call for Entries!

2018 marks the 25th anniversary of the Hong Kong Academy of Medicine promoting postgraduate medical education and training, as well as safeguarding standards and encouraging continuous professional development of medical specialists. The Academy is now inviting creative individuals to design a distinct logo for our 25th anniversary. The Best Design will be used in all the Academy's events, and displayed on our letterhead, website, corporate souvenirs, and all communication for the year as a visual commemoration. All Fellows are welcome to submit your designs! Please visit the website of the competition <<http://page.hkam.org.hk/25anniversary>> for details and submit logo designs online.

Prizes:

- 12.9 inch iPad Pro (Winner)
- Food and beverage coupons (Finalists)



25th Anniversary Logo Design Competition

Win a **12.9 inch iPad Pro**
(Finalists will receive food and beverage coupons.)

Deadline: 31 July 2017

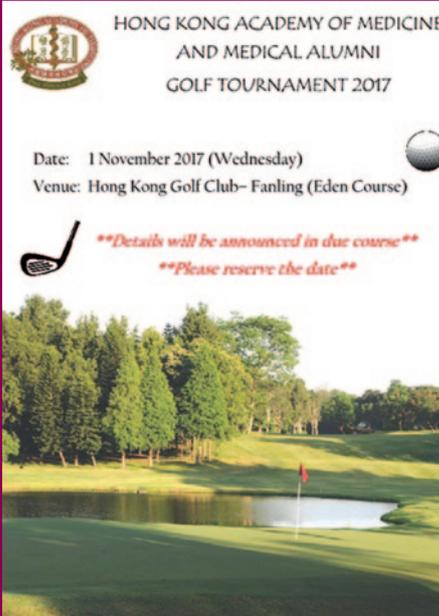
Submit your design NOW

Designs are welcome from local healthcare professionals.

- Registered medical and dental specialists
- Trainees of specialty Colleges
- Medical and dental students

For details, please visit:
http://page.hkam.org.hk/25anniversary_logo_competition

Enquiry ☎ 2871 8819 / 2871 8726 ✉ 25anniversary@event.hkam.org.hk



HONG KONG ACADEMY OF MEDICINE AND MEDICAL ALUMNI GOLF TOURNAMENT 2017

Date: 1 November 2017 (Wednesday)

Venue: Hong Kong Golf Club- Fanling (Eden Course)

****Details will be announced in due course****

****Please reserve the date****

Hong Kong Academy of Medicine and Medical Alumni Golf Tournament 2017

The Golf Tournament is scheduled for 1 November 2017 (Wed) at the Hong Kong Golf Club – Fanling (Eden Course). Details will be announced in due course.