THE HONG KONG ACADEMY OF MEDICINE NEWSLETTER

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Members



Dear Fellows and colleagues,

It has been half a year since our 25th anniversary celebration last December, yet we still keep in mind the anniversary slogan, "Medical Excellence for a Healthy Future" ("弘醫道・育專才・建未來"), which conveys the Academy's commitment to uphold medical professionalism and to nurture young leaders for better healthcare. In the past few months, we have had lots of accomplishments in line with our mission.

In late February, we organised our first ever study tour for young Fellows. During the five-day tour to Sichuan, the group led by Vice-President (General Affairs) Dr CC Lau visited various government departments and health institutions and organisations to understand the healthcare development as well as learning about the history and infrastructural developments of Sichuan. I am glad to know that participants had a very fruitful and enjoyable trip. The activity also provided a good platform to connect young Fellows in different specialties. We intend to organise similar study tours in future, and we hope you will continue to support our initiatives for nurturing young healthcare leaders.

In March, we announced the establishment of the Professionalism and Ethics Committee, with Vice-President (Education and Examinations) Prof Gilberto Leung, and Dr James Chiu, a surgeon and experienced mediator with a deep interest in medicolegal matters, as the Co-chairs. You can read more about the Committee in the interview in this issue of **academy focus**.

Another important event was our flagship Medical Education Conference held in May. With this year's theme "Curriculum Reform", we invited overseas and mainland experts as our plenary speakers and organised a symposium particularly for engaging young Fellows to share their perspectives. This year, we also invited our strategic partners from the Greater Bay Area to join the Conference and exchanged views on medical education.

In recent years, the Academy has extended its footprint to many mainland cities in the Greater Bay Area. In addition to our regular collaborations with different medical doctor associations and hospitals in Guangdong Province, last year we kicked off discussions with our Shenzhen counterparts on the establishment of the Shenzhen-Hong Kong Specialist Training Centre, supported by the Shenzhen Municipal Health Commission. The Centre, co-founded by the Academy and Shenzhen Medical Doctor Association, is located at The University of Hong Kong-Shenzhen Hospital and expected to start operation from July this year. We believe that the Centre would help raise the standard of health services in Shenzhen, which would also benefit those Hong Kong people living in the Greater Bay Area with quality medical services and may allow Hong Kong trainees exposure of clinical cases in China.

The quality of health services relies on a sustainable supply of manpower. Our city is currently facing a serious shortage of healthcare manpower, so we welcome any measures which can help improve the situation. We are pleased that the Medical Council of Hong Kong has decided to exempt the internship requirement for non–locally trained specialists. This is a bold step forward and the Academy will support further initiatives that can address the shortage.

Lastly, every year the Academy organises the Prize for Best Original Research by Trainees to recognise excellence in research by trainees and it is now open for application. In addition to this, a new award, Prize for Best Original Research by Young Fellows, has recently been launched and is now open for submissions. Trainees and young Fellows who have conducted outstanding research should not miss the chance to have your work recognised!

Prof CS Lau President





Interview with Co-chairs of the Professionalism and Ethics Committee - Dr James SP Chiu and Prof Gilberto KK Leung

The establishment of the Professionalism and Ethics Committee was announced on 16 March 2019 at the Opening Ceremony of the Medical Education Conference "Ethical Issues with Advanced Biotechnology", which was co-organised by the Academy and the University of Chicago Medicine.

The main aim of the Committee is to promote medical and dental professionalism and ethical practice through the provision of relevant education and training by the Academy and its Colleges for Fellows and specialist trainees. The Committee will also respond to requests from the Academy Council and the Education Committee for advice on ethical issues related to the practice of specialty medicine and dentistry, public policy, and other Academy matters. When such issues arise, the Committee aims to identify and examine them, and raise those important ones to the attention of the Academy Council, or its constituent Colleges or committees. The Committee may also formulate a code of conduct for best practices in professionalism and ethics.

The Co-chairs of the Committee are Dr James SP Chiu, a surgeon interested in ethics and medicolegal matters, and an experienced mediator, and Vice-President (Education and Examinations) Prof Gilberto KK Leung. To learn more about the aims and expected role of the Committee, we interviewed the Co-chairs:

Q1. What is the background behind launching the Professionalism and Ethics Committee?

The Co-chairs are quick to point out that 'professionalism and ethics' is not a new concept to doctors in Hong Kong, as it is part of the curriculum in the medical and dental schools. Neither is it new to the Academy; the Academy has always promoted professionalism and ethics among Fellows through various conferences and activities, most notably the annual Medical Education Conference, which is now in its third year.

However, as Prof Leung explains, professionalism is such an intrinsic part of medical and dental education that a constant reminder is necessary. Over time, opinions and perceptions of professionalism have changed, heavily influenced by the news and media, and needless to say the internet. Although professionalism has become increasingly important, it has not always received the attention that it deserves, or that the public now expects.

At the same time, the Academy and its constituent Colleges have so far focused mainly on skills and knowledge and have done an excellent job in promoting education for trainees and Fellows. Many successful initiatives have matured, and specialist training has achieved a very high level such that it now has the capacity to effectively tackle and emphasise ethics and professionalism.

What is the purpose of the Professionalism and Ethics Committee?

The doctor-patient relationship has changed a great deal over the years. From one where the doctor was highly revered by patients who readily deferred to the opinion of the doctor, through higher levels of patient healthcare knowledge, facilitated by prevalent access to the internet and media where patients started to question doctors or seek second opinion, to today where patient rights and autonomy are accorded paramount importance. This phenomenon is universal. Dr Chiu says that nowadays there is a spectrum of doctors with differing backgrounds in terms of professionalism and ethics education and training, and also a spectrum of patients with a wide variation in expectations.

One of the goals of the Committee is to equip trainees and Fellows with the tools they need to manage these expectations. For trainees and young Fellows, it is vital to reinforce good behaviour patterns and best practices at an early age of their careers. Dr Chiu draws a parallel with his experience as a mediation trainer: Through his voluntary work he teaches mediation skills to children as young as primary school age. Trainees are not quite this young, but they are in their early 20s and still learning, and this is an ideal time to sow the seeds of good behaviour. For more experienced Fellows, although it is not easy to change values in some cases, one can still coach new behaviours. Through training and 'normalisation'—raising the bar of what is considered the 'norm' in terms of professional behaviour—the Committee aims to equip doctors with the skills they need to meet current and future expectations of professional and ethical best practice from patients. This can both enhance good doctor-patient relationships and reduce the incidence of healthcare disputes, creating a win-win situation.

Q3. What will the Professionalism and Ethics Committee do?

Doctors already know the main principles; professionalism and ethics are covered in medical and dental schools in Hong Kong. However, perspective changes after a few years in medical practice. Additional training can bring new understanding, new perspectives, and new practical skills, all while being more relevant to current practice. Subject matter covered will include general topics that will be relevant for all specialties, such as improving communication skills. There may also be more specific training, arranged as required, to cover more narrow or quickly evolving topics such as best practices in genomic medicine or data handling.

Specific details of what activities the Committee will be engaged in will be decided at Committee meetings, the first of which will be held in July. As an example, Prof Leung reveals that Human Genome Project is one area that is of interest. While whole genome sequencing is a very exciting new frontier for medicine, handling of the data involved presents all manner of ethical issues, such as the consequences when insurance companies or potential employers might be able to discern additional information about an individual applicant if they have access to such data. This is currently not covered in medical schools, nor is it adequately addressed by existing laws. The Committee expects to work with collaborators (for example regulators and professional bodies, both local and overseas) to help the Council to respond to questions about such issues from the government, and also to highlight any issues that ought to be raised.

Of equal importance as what the Committee will do, is what they will not be engaged in. All advice and training will focus on the general principles for best practice in the local context. The Committee will not advise or respond to queries from doctors, institutions or the public on individual cases, and will not assume any regulatory or disciplinary functions.

Q4. Who are the members of the Professionalism and Ethics Committee?

The Committee comprises the two Co-chairs—one Fellow appointed by the Council and the Chairman of the Education Committee (Ex-officio)—and a number of members. Each of the 15 constituent Colleges nominates one representative to be a member, and the two medical schools (at The University of Hong Kong and The Chinese University of Hong Kong) nominate one representative member each. It is recommended that individuals nominated as members should have formal training or prior experience relevant to medical law, medical ethics, or philosophy. When needs arise, the Committee will coopt additional members.

The composition of the Committee is secondary to its function, however. The Committee will set up task forces to discuss certain issues when the need arises. These task forces will include interested and qualified members of the Committee plus co-opted individuals best placed to provide input, such as experts in the field (local or international), medical or other professionals, other healthcare workers, or even lay people. Unlike the ethics committees of other organisations, these bespoke task forces make the Committee very flexible, with the ability to concentrate on multiple foci simultaneously, and to provide authoritative advice on any aspect of professionalism or ethics whenever necessary.

Q5. How will the Professionalism and Ethics Committee benefit Fellows?

First and foremost, it is important to underline that there will be no additional costs for Fellows. The Committee will be an enhancement to current CME/training offerings from HKAM. As mentioned, the Medical Education Conference is now in its 3rd year, and the Committee may provide additional training in conjunction with this conference, or separate training at other times throughout the year, as required. Related publications such as best practice guidelines may also be issued. Improved professionalism should benefit all medical and dental professionals by enabling better patient experience and greater job satisfaction. It may also lessen the negative effects associated with lapses in professionalism, such as bad publicity, loss of trust, complaints and legal pursuits.

Q6. Do you have any final comments on the Professionalism and Ethics Committee for the readers?

Prof Leung: It is important that the Committee is not misunderstood. We don't want to introduce additional hurdles and red tape; the Committee aims to improve work experience for Fellows and make it more rewarding, enjoyable and successful. Building public trust by explicitly demonstrating that professionalism and ethics is a key concern of the Academy is also crucial. We also want to give doctors confidence in what they do in the evolving landscape of clinical practice.

Dr Chiu: By appointing me to the Committee, I believe the Academy wants to send out two messages to the Fellows. First, no matter how senior and experienced, Fellows can all benefit from additional training in professionalism and ethics. It will be for all ages and seniorities, from the most junior trainees to the most senior Fellows. Second, this training is not intended only for an elite group of Fellows of high standing or the academics. It also targets at Fellows working in the community, who shall take an active part as well.

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News and Announcements

Prize for Best Original Research by Young Fellows 2019

This newly announced prize aims to recognise excellence in research conducted by young Fellows of the Hong Kong Academy of Medicine. Submissions on any subjects that relate to clinical practice and research in any specialties of medicine are welcome. Research must have been published in a peer-reviewed journal no earlier than 1 January 2018. Interested Fellows are welcome to submit abstracts of not more than 500 words, together with a completed Submission Form and a copy of their published manuscript. Submission is open to only principal authors who have been awarded HKAM Fellowship within the past 10 years. The winner of the award will receive an engraved gold medal and a prize equivalent to HK\$25,000.

For further details, please see the instructions: page.hkam.org.hk/borf2019-info Applications must include a completed Submission Form. A Sample Abstract is also available.

Deadline for Submissions: 30 August 2019 (postmark)

Prize for Best Original Research by Young Fellows Submit your research Topics: clinical practice and research in any specialties of medicine Deadline 30 August 2019

Prize for Best Original Research by Trainees 2019

The Prize for Best Original Research by Trainees of the Academy recognises excellence in research done by doctors who are having specialist training.

For further details, please see the instructions: www.hkam.org.hk/news/list/201903/Information_for_Prize_for_Best_Original_Research_by_Trainee.pdf Deadline for Submissions: 31 July 2019 (postmark)

4th AMM-AMS-HKAM Tripartite Congress cum 53rd Singapore-Malaysia Congress of Medicine & Hong Kong Primary Care Conference 2019, 6–8 December 2019

The Academy, Academy of Medicine of Malaysia, Academy of Medicine, Singapore and Hong Kong College of Family Physicians are co-organising the 4th AMM-AMS-HKAM Tripartite Congress cum 53rd Singapore-Malaysia Congress of Medicine & Hong Kong Primary Care Conference 2019 on 6–8 December 2019. The Congress theme is "People-centred Care: Towards Value-based Innovations".

For more details, please visit http://tripartitecongress2019hk.com.

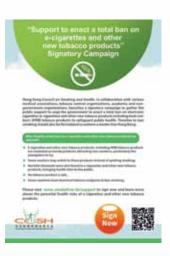
Maintenance and Repair Works on External Walls of Academy Building (Phase I: April-August 2019)

Major maintenance and repair works on the external walls of the Academy building are now being carried out. The Phase I works are expected to complete in August 2019. For safety reasons, the Fellows' Garden on 3/F is closed temporarily until further notice. The Academy will ensure events held at the building during the maintenance period are affected by as little disruption as possible.

"Support to enact a total ban on e-cigarettes and other new tobacco products" Signatory Campaign

The Academy has recently issued a press release to caution members of the public to guard against a misleading campaign to "support legislation to regulate heat-not-burn tobacco products".

We would like to gather public support for a total ban on e-cigarettes and heat-not-burn tobacco products. The Academy is in collaboration with the Hong Kong Council on Smoking and Health to organise the "Support to enact a total ban on e-cigarettes and other new tobacco products" Signatory Campaign. Fellows are invited to show your support on the online signatory platform (www.smokefree.hk/support) and also spread this message to families, friends and colleagues.



academy focus

Young Fellows Chapter

Led by Vice-President (General Affairs) Dr CC Lau, a group of 28 participants including Chairman Dr Kenny Kwan, Young Fellows Chapter (YFC) members and other young Fellows from various Colleges joined the HKAM Sichuan Study Tour from 27 February to 3 March 2019. The tour was organised by the Academy to promote medical exchange and enhance young Fellows' understanding of healthcare development in mainland China. During the trip, they visited the Institute for Disaster Management and Reconstruction and the West China Hospital Sichuan University, learning about the 'Contractual Service' from family doctors and telemedicine. Fellows also got a chance to visit a few cultural and historic sites, as well as Chengdu Research Base of Giant Panda Breeding.

On 4 May 2019, YFC presented Symposium 2 with the theme "Curriculum Reform from Young Fellows/Trainees Perspective" during the Academy's Medical Education Conference 2019. Young Fellows from different Colleges expressed their views on curriculum reform. Various issues were discussed including examination formats, blueprint use, and assessment tools other than examinations, such as work-based assessment.

With the support from the Academy, the Well Being Study was conducted by YFC evaluating the psychological well-being of all practising young Fellows and residents-in-training. A total of 514 completed questionnaires were received over a 3-month period from February to May 2019. The data are under analysis and results will be compared with similar studies on the medical profession. We hope that the results will provide a better understanding of the current situation of burnout and allow us to devise possible preventive measures.

The second term of YFC will be coming to an end in June and the new term will be formed from 1 July 2019. We look forward to sharing reports on our activities in **academy focus**.



Members of the Young Fellows Chapter join the HKAM Sichuan Study Tour, 27 February to 3 March 2019



Officers of the Academy congratulate members of the Young Fellows Chapter who presented at the Medical Education Conference, 4 May 2019



HKJC DPRI Updates

Real Landslide Incidents in a Virtual Learning World

Hong Kong has been fortunate that there have been few landslide disasters in recent years. However, landslide risk can never be zero. As the climate changes, it is projected that the intensity and frequency of extreme weather events may increase, including heavier rainfalls.

To increase efforts in slope safety work, the HKJC DPRI joins hands with the Geotechnical Engineering Office (GEO) of the Civil Engineering and Development Department to enhance training efforts for Emergency Duty Officers with roles in emergency landslide management. From 1 to 14 March 2019, HKJC DPRI collaborated with the GEO to launch the first virtual reality (VR) emergency landslide management simulation for training of Emergency Duty Officers of the GEO.

Serious landside incidents are rare but can be deadly. Emergency landslide cases vary from minor incidents that do not involve any rescue operations to serious cases resulting in significant disruption to the community such as evacuation of buildings, closure of roads, or even emergency rescue operations. The VR simulated disaster scenarios immerse trainees in a realistic environment to experience carrying out their roles and coordinating in realistic situations. Such experience allows trainees to better prepare themselves in case of a real disaster.

Three storyboards were designed by the HKJC DPRI and the GEO to simulate emergency landslide incidents on a main road, in a rural village, and near a large building. Trainees carried out their tasks in a virtual environment by interacting with trainers who played the roles of other responders at the simulated scene. A total of 35 geotechnical engineers attended the VR simulated training sessions facilitated by the HKJC DPRI. Evaluation feedback from trainees was positive, indicating that the VR simulated disaster training was effective and produced positive outcomes.



HKJC DPRI introduces the operation of the virtual reality simulation



Virtual reality simulation of an emergency landslide incident on a main road



Virtual reality simulation of an emergency landslide incident in a rural village



Virtual reality simulation of an emergency landslide incident near a large building



HKJC ILCM Updates

Comprehensive Simulation Educator Course (CSEC) March 2019

ILCM's renowned CSEC attracted another group of healthcare professional to take part in an array of interactive and experiential learning activities over two consecutive weekends on 23–24 and 30–31 March 2019. Rewarding experiences were gained by course participants and by instructors throughout the intensive and dynamic teaching and learning process.

Turning a New Page for CSEC

To uphold the spirit of reaching excellence and consistently maintain high quality, CSEC has been continuously reviewed and the course curriculum, content, materials, and teaching methods have improved since the first course in 2016. ILCM is proud

to announce that CSEC has reached a new level and is now officially endorsed by the Center for Medical Simulation (CMS) of Harvard University in Boston, the United States. This endorsement provides international recognition for the high quality and professional standard of CSEC.

ILCM has also extended its reach to mainland China by receiving two participants from HKU-Shenzhen Hospital who joined CSEC in March 2019 course as a starting point. We believe that more mainland counterparts will be interested in CSEC and other ILCM training events in future, and we can build a successful cross-border training force.



Dynamic discussion among participants in the Comprehensive Simulation Educator Course session



Participants in the Comprehensive Simulation Educator Course absorbed in the learning activity



Participants in the Comprehensive Simulation Educator Course absorbed in the learning activity



New group of graduates of the Comprehensive Simulation Educator Course

HKJC ILCM Upcoming Courses:

	Course Title	Course Dates in 2019
1	Comprehensive Simulation Educator Course (CSEC) – 4 days	• 5–8 September (Thu–Sun)
2	Debriefing Skills for Simulation Instructor Course (DSSI) – 2 days	3–4 August (Sat–Sun)23–24 November (Sat–Sun)
3	Medical Moulage and Mockup Workshop (MMMW) – Half day	• 24 August (Sat) (morning)
4	Advanced Simulation Training in Mechanical Ventilation (ASTiM2)	25 September (Wed)26 September (Thu)

For the above courses, applications have opened and will close about 1 month before the first course day. For details, please visit ILCM website (www.hkjcilcm.hk).

Enquiries: 2871 8718 or hkjcilcm@hkam.org.hk

Event Highlights

Meeting with Shenzhen counterparts for collaboration on specialist training, 3 January 2019

The Academy delegation, led by President Prof CS Lau, had a meeting with officials of the Health and Family Planning Commission of Shenzhen Municipality; and senior management staff and representatives of The University of Hong Kong-Shenzhen Hospital. Discussions covered collaboration on specialist training between Hong Kong and Shenzhen.



Evening Seminar on "Challenges to Attain Global Health Equity", 10 January 2019

The Academy organised the Evening Seminar on "Challenges to Attain Global Health Equity" on 10 January 2019, gathering experts to discuss the challenges of global health equity from a territory-wide level to an individual physician level, and its association with rapid climate change and disaster preparedness. In addition to delivering presentations, speakers including Dr Kim Yu, Dr William Wong and Honorary Treasurer Dr Yu-fat Chow also joined a panel discussion with Prof Keiji Fukuda and Legislative Councillor the Honourable Joseph Lee, moderated by President of WONCA and Immediate Past President of the Academy Dr Donald Li. Vice-President (General Affairs) Dr CC Lau concluded the seminar. The seminar attracted more than 50 participants.



Symposium on Healthcare Facilities Management, 19 January & 26 January 2019

The Symposium, jointly organised by the Academy and the Department of Health, was successfully held in January gathering over 400 healthcare professionals and operators of private healthcare facilities. The Symposium featured presentations on safety-related legislation, as well as updates on Private Healthcare Facilities Ordinance and the Voluntary Health Insurance Scheme.

President Prof CS Lau and Vice-President (Education and Examinations) Prof Gilberto KK Leung officiated at the opening ceremony with the Director of Health Dr Constance Chan and other distinguished guests.



Assessment Workshop, 16–17 February 2019

The Education Committee of the Academy organised an Assessment Workshop on 16 and 17 February 2019. The workshop aimed to help Colleges to explore their specific assessment needs and challenges and to discuss assessment principles, blueprinting, and specific methods relevant to their training. A total of 25 participants from three Colleges attended the workshop and all their feedback towards the workshop was positive.



Media Spring Luncheon, 18 February 2019

President Prof CS Lau, Council members, and College representatives attended the Academy's media spring luncheon on 18 February 2019. The event featured presentations by speakers from the Hong Kong College of Emergency Medicine and The Hong Kong College of Family Physicians sharing thoughts on the development of primary healthcare and the training roles of the Colleges in District Health Centres. Prof CS Lau and Vice-President (Education and Examinations) Prof Gilberto KK Leung also shared the Academy's upcoming plans including the establishment of a professionalism and ethics committee and its work in the Greater Bay Area.



2nd Guangdong-Hong Kong-Macao Greater Bay Area Health Cooperation Conference, Shenzhen, 25 February 2019

President Prof CS Lau, as the Expert Adviser of the Guangdong-Hong Kong-Macao Greater Bay Area Health Cooperation Conference, attended the 2nd conference held in Shenzhen on 25 February 2019. The conference served as a platform aimed to increase the flow and integration of public health resources within the Greater Bay Area.

HKAM Sichuan Study Tour, 27 February to 3 March 2019

To promote medical exchange and enhance young Fellows' understanding of healthcare development in China, the Academy organised a Study Tour to Sichuan from 27 February to 3 March 2019. Led by Vice-President (General Affairs) Dr CC Lau, the group comprised 28 participants, including Chairman Dr Kenny Kwan, members of the Young Fellows Chapter of the Academy, and other young Fellows from various Colleges.

With the aim of nurturing young healthcare leaders for Hong Kong, the Academy coordinated an array of activities including meetings with or visits to local government departments and relevant health institutions and organisations such as the Hong Kong and Macao Affairs Office of Sichuan Province, the Health Commission of Sichuan Province, the Sichuan Center for Disease Control and Prevention, the West China Hospital of Sichuan University, the Institute for Diseaster Management

and Reconstruction, and the Centre for Robotics of the University of Electronic Science and Technology of China, as well as local district health centres. They also visited places to learn about the history and infrastructural developments of Sichuan.

Positive comments were received from all participants. Not only did the tour help them to understand the current healthcare development situation in Sichuan, but it also provided a good opportunity to connect with young Fellows in other specialties. The Academy plans to continue the Study Tour initiative in the coming years.







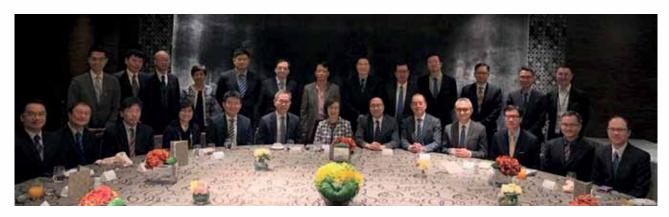
Ethical Issues with Advanced Biotechnology, 16 March 2019

The conference jointly organised by the Academy and The University of Chicago Medicine was successfully held on 16 March 2019. The theme of the conference was "Ethical Issues with Advanced Biotechnology". Distinguished overseas and local speakers discussed various ethical issues relevant to advanced biotechnology across Western and Chinese cultures. The conference was conducted in an interactive case-based format and attracted around 80 participants.



Dinner Meeting with Food and Health Bureau, 28 March 2019

Officers of the Academy and College Presidents and representatives attended a dinner meeting hosted by the Food and Health Bureau. Discussions were fruitful with many constructive comments on specialist training and other healthcare manpower issues given to the Secretary for Food and Health and other officials of the Bureau.



5th Medical Education Conference, 4 May 2019

The Medical Education Conference (MEC), jointly organised by the Academy and the Hong Kong Jockey Club Innovative Learning Centre for Medicine, was held on 4 May 2019. The MEC is one of the flagship events of the Academy to pursue the goal to maintain high standards of medical education. This year's theme is "Curriculum Reform".

Secretary for Food and Health Prof Sophia Chan attended the Opening Ceremony as the Guest of Honour. After the welcome address by President Prof CS Lau, plenary lecturers including Dr Graham McMahon, President and Chief Executive Officer of Accreditation Council for Continuing Medical Education (ACCME), USA; Professor Zhang Shuyang, Vice President of Peking Union Medical College Hospital, China; and Dr David Taylor, Associate Professor of the Department of Medicine, Queen's University, Canada, presented topics around three areas including evolving medical education, competency-based postgraduate medical education curriculum, and reforming assessment: Entrustable professional activities (EPAs), respectively. In addition to our prominent panel of speakers at the MEC, there was a symposium for engaging young Fellows and trainees to share their views and perspectives.

This year, the Academy also invited its strategic partners especially in the Greater Bay Area including Shenzhen Municipal Health Commission, Guangdong Medical Doctor Association, Shenzhen Medical Doctor Association, hospitals in Guangdong Province and Macao Academy of Medicine to send delegation to join the conference. The one-day conference provided a rich programme delivered through plenary lectures, symposia, and workshops and attracted around 290 participants.





Some of the events attended by the President and Officers

Smoke-free Run, 13 January 2019

President Prof CS Lau joined other anti-smoking partners at the Award Presentation Ceremony of the run organised by the Hong Kong Council on Smoking and Health in Hong Kong Science Park. The run promoted a healthy lifestyle with no smoking. A team of four Academy Secretariat staff won the 3rd runner-up prize in the 3-km race.



Diocesan School Old Boys' Association Medical & Healthcare Chapter 2019 Dinner with Diocesan Old Girls' Association, 17 January 2019

President Prof CS Lau joined over 240 alumni of the Diocesan Boys' School (DBS) and Diocesan Girls' School (DGS), who are medical and healthcare professionals or undergraduates, in a dinner gathering. The annual event celebrated the 150th Anniversary of the DBS and highlighted the work done by the Medical & Healthcare Chapter.

Council Dinner of the Hong Kong Medical Association (HKMA), 1 February 2019

President Prof CS Lau, Honorary Treasurer Dr Yu-fat Chow and Editor Prof Martin Wong met members of the HKMA's new council over dinner to exchange views on various topics related to medical profession.

Kick-off Ceremony of the Voluntary Health Insurance Scheme (VHIS), 29 March 2019

Vice-President (Education and Examinations) Prof Gilberto KK Leung participated in the ceremony hosted by the Secretary for Food and Health, signifying the full implementation of VHIS with effect from 1 April 2019. VHIS is a policy initiative to regulate individual indemnity hospital insurance plans with voluntary participation by insurance companies and consumers.



Membership Services

Social Subcommittee

Social Subcommittee formed for Fellows' wellbeing



Promoting Engagement Strengthening sense of belonging Enhancing Cohesiveness

Stay tuned to the eblasts on membership services or check our website for updates on the following activities! Culinary & Catering Group: Fellows' Get-Together Barbecue Dinner with Live Music, Dinner with Star Chef, etc. Sports & Wellness Group: Intercollegiate Basketball Tournament, Golf Tournament, Nature & History Walk, etc. Arts & Culture Group: "Beyond Medicine" Webinar Series, Organic Farm Outing, Photography Tips Sharing, etc.

Registration Opens: 2019 Hong Kong Academy of Medicine and Medical Alumni Golf Tournament

The Academy is organising the 2019 Golf Tournament at Eden Course, Fanling, Hong Kong Golf Club on 9 October 2019 (Wednesday). Shotgun start is expected at 12:30pm. All Academy Fellows, medical alumni of The Chinese University of Hong Kong and The University of Hong Kong are welcome. For more details, please visit page.hkam.org.hk/golf2019.

Deadline for Entry: 16 September 2019 Enquiry: golf@hkam.org.hk



Your Perfect Venues for Events

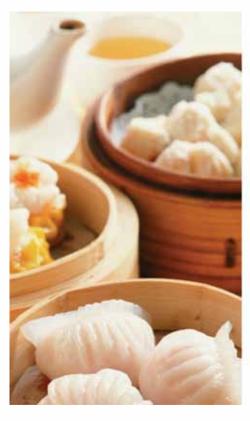
The Academy offers a wide range of venues suitable for meetings, conferences and your special occasions of different scales. Onsite logistical and technical support, event planning as well as catering services are also available. Please scan the QR code for details and venue booking enquiry.



sademy focus

Enjoy a New Yum Cha Service at the Academy

Online reservation is available now! You can scan the QR code or visit www.hkamonline.hk/yumcha to book a table and enjoy our vast range of Cantonese dim sum at the Academy.







Are you looking for a distinctive dim sum place for gathering with family and friends?

The Academy has been serving the Chinese delicacy once a month on selected Sundays from 12:00 noon.

Come and enjoy our vast range of Cantonese dim sum served with a selection of finest tea. You may also have surprise encounter with colleagues you have not seen for a long time, or highly respected senior members of the Academy.

Scheduled dates in 2019*; 11 August, 1 September

(We offer ample parking space free of charge.



You can now reserve a table by submitting an online form, which is available on the Academy's website.



*subject to changes

HONG KONG ACADEMY OF MEDICINE 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Come to Enjoy Drinks and Premium Snack Items at the Academy Lounge

The Academy Lounge is a nicely decorated place with cosy atmosphere ideal for social occasions. The Lounge offers a menu of gourmet appetisers and drink specials.

Service hours

Monday to Saturday 12nn – 9pm Sunday and Public Holiday 9am – 9pm



Special Offers for Academy Fellows

Fellows can enjoy the offers below by presenting a valid Fellowship card.

Food and Beverage

- Hong Kong Ocean Park Marriott Hotel
- Ovolo Southside

Hotel Accommodation

- Hong Kong Ocean Park Marriott Hotel
- L'hotel Island South
- Ovolo Southside

Please refer to the Fellows' section of the Academy's website for more details of the offers.

Academy Souvenirs

A wide range of well-designed, quality Academy gifts and accessories are available at the Academy Lounge.



New College Council Members

The following Academy College has held an annual general meeting and has submitted a new Council list to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. (For lists of other College Councils, please refer to the Colleges section on the Academy website.)



College of Ophthalmologists of Hong Kong

President

Vice President (Professional Affairs)

Vice President (General Affairs)

Honorary Secretary

Honorary Treasurer

Editor

Immediate Past President

Council Members

Dr Nancy SY Yuen

Dr Hon-wah Yung

Prof Clement CY Tham

Dr Emily FY Yeung

Dr Callie KL Ko

Dr Alvin KH Kwok

Prof Jimmy SM Lai

Dr Carmen KM Chan

Dr Andy CO Cheng

Dr George PM Cheng

Dr Robert F Lam

Dr Gary KY Lee

Dr Patrick SH Li

Dr Ernie CF Lo

Dr Donald CF Woo

Dr Jason CS Yam

Dr Can YF Yuen

Deadline for Autumn 2019 issue

The deadline for contributions for the Autumn 2019 issue of academy focus is 1 September 2019. Please send any submissions by e-mail to hkam@hkam.org.hk or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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