THE HONG KONG ACADEMY OF MEDICINE NEWSLETTER

www.hkam.org.hk Summer 2020

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Dear Fellows and colleagues,

The first half of 2020 has been challenging, as the COVID-19 outbreak has turned into a pandemic. This has been threatening our health, altering our daily activities, and posing a huge burden to public hospitals in Hong Kong. Faced with this unprecedented illness, many of you, no matter whether frontline medical professionals or supporting staff of the Academy, have been working hard since the Chinese Lunar New Year. With everyone's persistence and effort, fortunately, the recent numbers of confirmed cases of COVID-19 in Hong Kong have been steadily declining. I would like to take this opportunity to thank all of you, especially the healthcare professionals, for your dedication and professionalism.

Over the past few months, organisers have been forced to cancel or postpone most training courses, examinations, and medical-related events in view of the COVID-19 pandemic. The Academy also made a very difficult decision to cancel the annual Medical Education Conference (MEC) 2020 scheduled for 30 May 2020. Nevertheless, the Academy has tried to best maintain continuity of training and education programs via close communications with the organising Colleges on the arrangements of those examinations being postponed and cancelled. Precautionary measures, including in-depth cleaning, body temperature measurements, and social distancing, were recommended and implemented for all events being held on schedule.

With the support from the constituent Colleges, the Academy has made some changes to training and CME / CPD to alleviate some of the disruption caused by COVID-19. For trainees, the Academy has initiated a policy to recognise their duties for other specialties, capped at 4 weeks. For Fellows, the Academy has arranged webcasts and webinars, minimising the impact to Fellows trying to gain CME / CPD points in the midst of a series of cancellations or postponed activities. Details of the arrangements were published in the Letter from the Academy to Trainees and the Letter from Academy President to its Fellows and Trainees, which can be viewed on the Academy website.

During these difficult times, the Academy Council and Secretariat have been functioning as usual to ensure all initiatives planned for 2020 make good progress. The Academy's Professionalism and Ethics Committee (PEC) successfully held the Seminar on Advance Directives on 21 March 2020, and a webcast was arranged to allow attendees to join remotely. The Webinar on COVID-19 and Related Medico-Legal Issues was held on 24 April 2020, continually formulating the best practice guideline of professionalism and ethics. Hopefully, these events serve as a reminder for all healthcare practitioners of being professional and ethical in spite of adverse conditions. In addition, the Academy has established the "COVID-19 Corner" on the Academy website, in hopes of building a resilient workforce to encourage mutual support and learning. The corner contains useful information, practical guidelines, and some input from the Colleges relating to COVID-19.

Once again, I would like to thank all of you for your concerted effort and hard work. I believe that our knowledges and faith in safeguarding healthiness for Hong Kong citizens will lead us through the difficult times. Together, we shall over these challenges. Remember, wash hands, wear a mask, maintain social distancing, and stay well!

News and Announcements

COVID-19

To provide Fellows, Trainees, and the general public with some of the latest information and useful resources on COVID-19, a new COVID-19 Corner page has been launched on the Academy website: http://page.hkam.org.hk/COVID-19





The latest research on COVID-19 is constantly being updated. To keep current with the most recent publications from the *Hong Kong Medical Journal* and from around the world, visit the new HKMJ COVID-19 page: https://www.hkmj.org/COVID-19

New CME / CPD Principles & Guidelines 2020–22

A revised set of CME / CPD Principles & Guidelines has been approved and are now in effect. Minor changes are in Section 10, in which the new Guidelines reflect the new requirement from Medical Council of Hong Kong for the Academy to provide information on CME / CPD of all Fellows after the end of cycle (instead of providing the information on those non-compliance cases only in the past).



Fellows can download the new guidelines from the website or using the QR code: https://www.hkam.org.hk/news/list/201908/HKAM%20CME-CPD%20Guideline%202020-22.pdf

Maintenance and repair work on external walls of Academy Building (Phase II: January–June 2020)

The Phase II works of major maintenance and repair works on the external walls of the Academy building are being carried out. For safety reasons, the Fellows' Garden on 3/F is now closed until further notice. The Academy will try best to make sure the effect on events held at the building is as minimal as possible.

Medical Education Conference (MEC) 2020

In the light of the latest development of COVID-19, the Organising Committee has made a very difficult decision to cancel the conference scheduled for 30 May 2020. If you have already registered for the conference, the Secretariat will contact you about refunding your registration fee. We look forward to seeing you in the Conference next year.

Prize for Best Original Research by Young Fellows

Call for Papers

Now in its second year, this prize aims to recognize excellence in research conducted by young Fellows of the Hong Kong Academy of Medicine.

Submissions on any subjects that relate to clinical practice and research in any speciality of medicine are welcomed. Research must have been published in a peer-reviewed journal no earlier than 1 January 2019.

Interested Fellows are welcome to submit a copy of their published manuscript and a separate blinded abstract of not more than 500 words, together with a completed Submission Form.

Submission is open to only principal authors who have been awarded HKAM Fellowship within the past 10 years.

The winner of the award will receive an engraved gold medal and a prize equivalent to HK\$25,000.

For further details, please see the instructions: please link to page.hkam.org.hk/boryf2020-info



28 August 2020



Temporary Adjustment of Dining Services

The Academy Lounge and Library on 3/F are re-opened to Fellows with normal opening hours.

We will continue to monitor the situation closely and review the opening hours accordingly. Thank you for your understanding and apologise for any inconvenience caused.

Survey on the use of social media in the medical and dental profession

Social media has gained much popularity for personal use since its introduction. Recently it is moving quickly to become an important means for doctors and dentists to communicate with patients and non-patients. For doctors and dentists, the boundary between social and professional life may sometimes be blurred, and social media has to be used with caution. Some overseas medical organisations have already promulgated guidelines on the use of social media. In view of this, Academy has formed a Social Media Task Force under the Professionalism and Ethics Committee. This anonymous survey conducted by the Task Force aims to study the usage of social media in Hong Kong by Fellows and trainees of the Academy. Ethical approval has been obtained from the Survey and Behavioural Research Ethics Committee of the Chinese University of Hong Kong. It will take you 10 minutes to complete the survey. The results and findings would inform the Academy to decide whether a guideline on the use of social media for professional communication with patients and non-patients should be formulated and the contents thereof. All information provided to this questionnaire will be used for internal study and aggregate analysis only. To ensure confidentiality of data, encryption of connections, databases, and data-analysing devices will be exercised. After data acquisition and utilisation process, the data will be properly erased to ensure that it would be not recovered by others.

For Academy Fellows who wish to obtain CME / CPD points, there is an optional Supplement for you after you have completed the survey. Please fill in your full name and date of birth (for identification purpose in obtaining accreditation for CME / CPD points) before spending not less than 1 hour to read some social media related articles and submit to obtain CME / CPD points.

Please access the survey here if you have not completed it yet: https://online.hkam.org.hk/form/surveySM



Deadline for submission

30 June 2020

Young Fellows Chapter

The unprecedented COVID-19 pandemic has unavoidably brought about disruptions to various Young Fellows Chapter (YFC) activities that had been planned for 2020. This includes the cancellation of the YFC Symposium at the Medical Education Conference 2020, as well as the postponement of the HKAM Shanghai Study Tour. Yet despite these setbacks, the YFC has continued to plan and liaise, in order to offer opportunities for young Fellows of the Academy to learn more about the operations of the Academy and to enhance communication between young Fellows and the Academy Council.

The pandemic has also necessitated a temporary change to our meetings being conducted virtually. In our most recent

online meeting, the YFC members discussed the gradual resumption of project timelines in the latter half of 2020. President Prof CS Lau, Vice-President (General Affairs) Dr CC Lau, and Vice-President (Education & Examinations) Prof Gilberto Leung also joined in for our group photo.

The third term of YFC will come to an end in June and the baton will be passed to the fourth term of Young Fellows Chapter Governing Council, which will be formed in July 2020.



Virtual meeting of the Young Fellows Chapter, 4th May 2020. Top row from the left: Dr SY Tse, Dr Paul A Koljonen, Dr Shiobhon Luk, Dr KW Cheung; second row: Prof Gilberto Leung, Dr Edmund Fong, Dr CC Lau, Dr Jason Yam; third row: Dr Frankie Yeung, Dr Calvin Cheng, Prof CS Lau, Dr Julianna Liew; bottom row: Dr Charing Chong, Dr Ryan Cho, Dr Wilson Chan. Dr Victor Cheung also joined the meeting



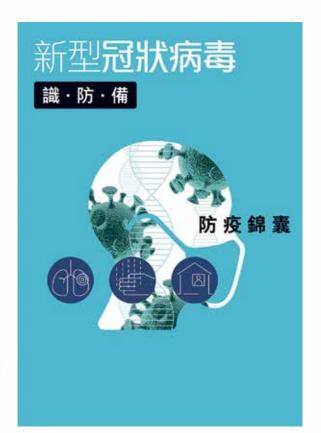
HKJC DPRI Updates

Response to the outbreak of COVID-19

With the outbreak of COVID-19, the Hong Kong Jockey Club Disaster Preparedness and Response Institute (HKJC DPRI) has been closely monitoring the situation and providing useful and up-to-date information to the community and professionals so as to help limit the spread of virus.

Since January, HKJC DPRI has taken on a number of initiatives, sharing professional knowledge and updated information with the community and professionals from different sectors. A webpage containing diverse resources and useful links of preventing the spread of COVID-19 was established. In addition, instant updates and reliable advice are released on the HKJC DPRI Facebook page, allowing the public timely access to the latest news. A Messenger Chatbot on Facebook was also established to answer specific enquiries from the public on COVID-19. Interesting questions were included in the Chatbot to generate public interest and to provide professional tips on preventing COVID-19.

In addition to these digital resources, HKJC DPRI has published a COVID-19 Guidebook promoting the preventive measures of this unprecedented disease. The first version was published in February, with a second version with recent updates published in June.









The HKJC DPRI also partnered with Dr Lucci Lugee Liyeung to publish a beautiful illustrated book for children, Dr Dumo et al, which includes educational material on how to prevent the spread of viruses. This children's book has been distributed throughout Hong Kong to non-government organisations, hospitals, schools, and District Councillors. For more information or for a copy of the Guidebook or illustrated children's book, please contact the HKJC DPRI.

For details, please visit the HKJC DPRI website and Facebook

http://ready.com.hk/



HKJC ILCM Updates

Advanced Debriefing Course, 9-12 January 2020

The Hong Kong Jockey Club Innovative Learning Centre for Medicine (HKJC ILCM), which is affiliated with the Center for Medical Simulation (CMS), organised the Advanced Debriefing Course (ADC) with support from CMS faculty in early January. The course attracted 20 local healthcare professionals who wanted to enhance their knowledge and skills in simulation training.

The ADC was jointly conducted by CMS Faculty Dr Brad Morrison, Dr Robert Simon, and Dr Grace Ng, as well as Honorary Director of the HKJC ILCM Dr HY So, Dr Albert Chan, and Ms Yobie Lam. The intensive 4-day programme covered theoretical-based lectures, in-depth case analyses, dynamic scenario-based activities, and interactive skills practice exercises. It was a most rewarding, inspiring, and engaging experience.



A dinner gathering for Academy's representatives, CMS faculties, ILCM members and faculties.



Example of the interactive training activities



Example of the interactive training activities



Group photo with all trainers and participants

Event Highlights

53rd Singapore–Malaysia Congress of Medicine, 18 January 2020

Vice-President (Education & Examinations) Prof Gilberto Leung and Council Members attended the Singapore–Malaysia Congress of Medicine with the theme "Opioids in Pain Management – Challenges, Evidence-Based Practice and Guidelines" in Singapore, co-organised by the Academy of Medicine, Singapore (AMS) and the Academy of Medicine of Malaysia (AMM). President of The Hong Kong College of Anaesthesiologists Prof CW Cheung was invited to share the current status of opioid use for pain management in Hong Kong.

The Congress was held in conjunction with the AMS's Induction Comitia and 24th Gordon Arthur Ransome Oration, delivered by the Former Cabinet Minister of Singapore Mr George Yeo.

Prof Leung appraised the great achievements of the new fellows admitted by the AMS at its Induction Comitia. Some Presidents of the Academy Colleges were conferred Honorary Fellowship of AMS. The three academies also took the opportunity to update each other on their latest developments at the Joint Council Meeting.







academy Jocus

Seminar on Advance Directives, 21 March 2020

More than 200 participants attended the seminar on advance directives (AD), titled "Balancing Autonomous Medical Decision Making for End-of-Life Care", organised by the Academy's Professionalism and Ethics Committee (PEC). The two-session seminar aimed to provide updates on the latest status of AD in Hong Kong with sharing of cases and viewpoints from medical, ethical, and legal perspectives to facilitate formulation of guidelines for practising holistic end-of-life care.

At the seminar, Mr Albert Lam from the Food and Health Bureau, a leader in public consultations concerning end-of-life care legislative proposals, highlighted the local development of AD for the ageing population and the essentials to facilitate AD under a consistent legal framework, with conflicting laws and policies removed.

The themes of the two sessions were "Medical Perspectives on Adhering to Advance Directives" and "Advance Directives - Current Legal and Ethical Issues". Invite speakers, who were arranged by the AD Task Force formed under the PEC, shared their experiences and engagements from different perspectives. The inspiring talks were followed by focus panel discussions about the challenges and difficulties in implementing AD. It was generally agreed that effective doctor—patient communication about AD and nurses' roles, as well as awareness and agreement of the patient and their family, are crucial. There is a need for training and best practice guidelines in this area, which will be further developed by the PEC and the AD Task Force.

Acknowledgement: This material / event was funded by the Professional Services Advancement Support Scheme of the Government of the Hong Kong Special Administrative Region.

Disclaimer: Any opinions, findings, conclusions or recommendations expressed in this material/any event organised under this project do not reflect the views of the Government of the Hong Kong Special Administrative Region or the Vetting Committee of the Professional Services Advancement Support Scheme.



Webinar on Coronavirus and Related Medico-legal Issues, 24 April 2020

The webinar on Coronavirus and Related Medico-Legal Issues was attended by around 380 participants.

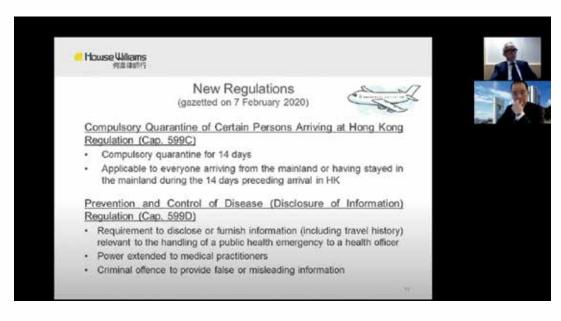
Dr David Kan, Partner and Solicitor Advocate at Howse Williams, shared his insights and expertise in several legal-related issues which may be encountered by medical professionals amid the COVID-19 pandemic. Regulations on disease control, legal obligations of medical professionals to deal with infectious diseases like COVID-19 were

discussed.

Vice-President (Education & Examinations) Prof Gilberto Leung facilitated the webinar with a Q&A session, which provided a good opportunity for the participants to interact and voice their concerns.

Interested Fellows can view or download the presentation here: https://www.hkam.org.hk/covid19/David%20Kan_Coronavirus%20and%20Related%20Medico-Legal%20Issues.pdf





academy focus

Some of the events attended by the President and Officers

Press Conference organised by Hong Kong Council on Smoking and Health (COSH), 14 January 2020

Honorary Treasurer Dr YF Chow attended the press conference advocating "Raising Tobacco Tax Substantially to Achieve Tobacco Endgame". Dr Chow urged the Government to raise tobacco tax, strictly control the sale and promotion of all tobacco products, including traditional cigarettes, e-cigarettes, and heat-not-burn tobacco products for the sake of public health.



Fellows CONNECT

Social Subcommittee formed to connect Fellows



Special Offers for Academy Fellows

Fellows can enjoy the offers below by presenting a valid Fellowship card.

Food and Beverage

- Marina Kitchen & Cafe and Pier Lounge & Bar, Hong Kong Ocean Park Marriott Hotel
- LIS Café, L'hotel Island South
- Komune and TQM Taqueria, Ovolo Southside

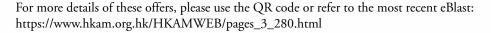
Hotel Accommodation

- · Hong Kong Ocean Park Marriott Hotel
- L'hotel Island South
- Ovolo Southside

Other Gifts

Enjoy 10% storewide upon purchase on the following online shops till 31 December 2020: (Please use promo code: HKAM_10)

Gift Something http://www.giftsomething.com/
 Gift Flowers http://www.giftflowers.com.hk/
 Gift Hampers http://www.gifthampers.com.hk/





Academy Souvenirs

A brand new corporate A5 notebook, priced at \$80/pc or \$150/2 pcs, is now available. Place your order now as stock is limited.

The order form can be downloaded from the Academy website: https://www.hkam.org.hk/news/list/20200207/Academy_Souvenir_Order_Form.pdf



Application for Supplementary Card

(for Fellows' immediate family members only)

The Academy is pleased to extend the use of Academy Lounge to immediate family members of all our Fellows.

Fellows who are interested in applying a Supplementary Card, which is free of charge, for his / her immediate family members may complete and return an application form to the Academy Secretariat. Application form and general conditions can be downloaded from the Fellows' section of the Academy website.

Applications are processed in batches, and the normal lead time is 1–2 months. Once your application is approved, a Card will be sent to you by post.

For enquiries, please contact the Academy Secretariat at 2871 8888 or hkam@hkam.org.hk.

Organising Your Events at the Academy

The Academy offers a wide range of venues suitable for meetings, conferences and your special occasions of different scales. Onsite logistical and technical support, event planning as well as catering services are also available.

Anniversary, reunion and birthday offers

Celebrate your special moment or make your special gathering unforgettable by hosting a lunch or dinner at the Academy. Fellows can now get a free celebratory item when dining at our venues for such occasions. Terms and conditions apply.

Make a booking enquiry online now at: https://online.hkam.org.hk/form/BookingEnquiry



Come to enjoy drinks and premium snack items at the Academy Lounge

The Academy Lounge is a nicely decorated place with cosy atmosphere ideal for social occasions. The Lounge offers a menu of gourmet appetisers and drink specials.

Service hours

Monday to Saturday 12nn - 9pm Sunday and Public Holiday 9am – 9pm



Deadline for Autumn 2020 issue

The deadline for contributions for the Autumn 2020 issue of academy focus is 1 August 2020. Please send any submissions by e-mail to hkam@ hkam.org.hk or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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HONG KONG ACADEMY OF MEDICINE 港醫學專科學院

Organised by

Disclosure, Apology and Alternative Dispute Resolution Task Force, Professionalism and Ethics Committee

Medico-legal related matters in Hong Kong:

Apology, Disclosure, Patient Safety and Mediation

 $\mathbf{W}_{\mathsf{hen}}:$ 18 July 2020 (Saturday), 2:00 pm - 5:30 pm

Where: Lim Por Yen Lecture Theatre, G/F

isclosure,

Apology and

Alternative

Hong Kong Academy of Medicine Jockey Club Building

99 Wong Chuk Hang Road, Aberdeen, Hong Kong

NOW

Enquiries: pec@event.hkam.org.hk

Registration Fee Waived



Interactive online platform is also available

Objectives

Results of CME / CPD accreditation to be announced.

To provide useful information and practical tips in various areas of communication skills, through two plenary sessions of informative talks and insightful discussions by panels of experts from both the medical and the legal fields, and to facilitate formulation of best practice guidelines for Fellows and Trainees of the Academy.

Features:



Keynote Address

Plenary Sessions

- **Apologies and the Apology Ordinance**
- Disclosure, Patient Safety and Mediation

Panel Discussions

PROFESSIONALISM & ETHICS

formulation of best practice guidelines

Disclosure, Apology and Alternative Dispute Resolution

Social Media

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