



President's Message

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Dear Fellows and colleagues,

Spring is finally in the air and we look forward to warmer temperature. Hopefully the Influenza virus will also go away! I would like to wish you all a belated happy and peaceful year of the Goat!

Medical education and training are of priority for healthcare systems to improve quality of patient care. The Academy needs to focus more on medical education and training to fulfill our mission of assuring quality care provided by specialists in the many different disciplines. I am very pleased to report to you that the Academy organised its first medical education conference, entitled "Medical and Healthcare Education through Continuum" in February. The Conference, through its plenary sessions and workshops led by local and overseas medical leaders, in particular a team from the University of Edinburgh, highlighted areas in undergraduate and postgraduate medical education that are of particular importance for academic institutions and healthcare systems. These included inter-professional education, curriculum development, training via simulation and medical professionalism. I am sure that the participants found the Conference to be a valuable and enjoyable learning experience. We hope to make this Conference an annual event, so please watch out for the announcement of the next one!

The Academy responded and commented on the Government's 2015 Policy Address and its Budget which addressed and proposed initiatives focusing on improving public healthcare services in Hong Kong. We submitted comments incorporating views of various colleges and in particular we emphasised the importance of funding medical training (please see full text of our submissions on pages 3-5).

The Academy also advocates that more emphasis and resources should be placed on the prevention and control of chronic and non-communicable diseases, as well as health promotion when planning healthcare policies. We have urged the Government to earmark additional funding to enable organisations and institutions, such as the Hospital Authority, the universities, and the Department of Health to provide wider training opportunities for specialists in different disciplines as well as allied healthcare workers in order to match the increasing demand for training of an enlarging healthcare workforce to meet the needs of a rapidly ageing population with the longest life expectancy in the world.

Indeed, to train sufficient health manpower to deliver primary and hospital-based care has long been a challenge in Hong Kong. Apart from the introduction of "first-hire-then-train" scheme for younger generation, a more structured training and a meaningful career path should be made available to maintain interest and job satisfaction.

In the rapid advancement of medicine, it is important for medical specialists to remain up to date with the latest knowledge and developments. Specialty Colleges of the Academy train and accredit medical and dental specialists, and are committed to maintain standards of clinical practice that ensure patient safety. We require our Fellows to undergo continuing medical education and continuous professional development. Yet there is always the question of "who can do what and where"? We are in the process of establishing a credentialling system, which will be a step towards enabling only those properly trained and accredited medical practitioners to perform potentially high-risk procedures in appropriate settings.

Besides consulting the medical profession on the Regulation of Private Healthcare Facilities in Hong Kong, the Government of HKSAR is planning to introduce legislation proposal on the regulation of standards for performing procedures in ambulatory settings. The Academy's Past President Dr Raymond Liang has been appointed to chair a Project Steering Committee (PSC) on Standards for Ambulatory Facilities recently set up by the Department of Health. The Academy and experts from constituent Colleges will be playing a significant role in the PSC, as well as in its task forces, to steer the development and promulgation of standards for ambulatory facilities providing high-risk medical procedures. The PSC will make recommendations on the procedure-specific and core standards for legislative review and steer the conduct of impact assessment survey for regulatory control of ambulatory facilities. We will provide updates as we progress.

I attended a General Medical Council Conference recently in London with the theme of "Creating a culture of openness, safety and compassion". There were a lot of discussion around compassionate regulation. Besides assuring patient safety, the feelings of providers and dictating circumstances also need to be taken into consideration during medical enquiries. 'Whistle blowing' and peer complaints were some interesting subjects that provoked lively discussion. Training of general practitioners was another topic discussed with the Royal College of General Practitioners (RCGP) which agree to extend the duration of training to 4 years from the present 3-year requirement before an individual doctor could sit for the Membership of RCGP examination.

We need and appreciate your continuous support of the Academy. Indeed the Academy could not progress or provide many our services without your contributions.

*Dr Donald Li
President*



The 1st medical education conference held by the Academy



26 January 2015

The Honorable Mr. CY Leung, GBM, GBS, JP
Chief Executive
Office of the Chief Executive
Hong Kong Special Administrative Region
People's Republic of China
Tamar, Hong Kong

Dear Mr. Leung,

The 2015 Policy Address

The Hong Kong Academy of Medicine welcomes the Policy Address delivered on 14 January 2015, which we think has covered many good initiatives for the improvement of public healthcare services in Hong Kong. On behalf of the Academy, I would like to submit the following comments for your consideration:-

Care for the Elderly (paras 120-122)

We support these recommendations. With the planned increase in supply of subsidized residential care places for the elderly, medical support, including training of sufficient healthcare workers should be made to match. The visiting medical officer scheme must also be enhanced.

Human Resources in Care Services (para 123)

Besides the "first-hire-then-train" scheme for the younger generation, there should be more structured training for healthcare workers, and there should be a career path for upgrading in the future. Their status in society need also be recognized. Training of existing domestic helpers in medical knowledge to take care of those elderly with chronic illnesses or in rehabilitation may also help, as many families in Hong Kong employ domestic helpers to take care of the elderly.

Healthcare Services (para 124)

The elderly should be encouraged to use the elderly health care vouchers for preventive and health screening, not just for ad hoc symptomatic treatments. The Academy will encourage our Fellows to participate in the voucher scheme and provide preventive healthcare services

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Mental Patients and Ex-mentally Ill Persons (para 126)

The demand for better mental health care has been an important health issue in recent years. The recently completed Hong Kong Mental Morbidity Survey revealed that 13.3% of the community living Chinese adults had current diagnoses of mood and anxiety disorders, and another 2.5% suffered from different forms of psychotic disorders. Government expenditure for mental health services should be planned with careful considerations into people having different needs from a long term perspective. A coordinated plan for the development of multidisciplinary workforce is required to suit the escalating needs of the community in the next decade. We welcome the recommendations of the Review Committee on Mental Health, and look forward to more major developments in the publicly funded, as well as community based primary care and private mental health services.

Students with Special Educational Needs (para 127)

We agreed to put more resources to improve the care of children with special education needs. The Hong Kong College of Paediatricians' informal communication with professionals in this field showed that as at the end of June 2014, there were a total of 6,245 early childhood special education places subvented by the Social Welfare Department. At the same time, however, there are about 7,500 children on the waiting list. These children would need to wait for a very long time before completing an assessment, and the allocation of services. This long waiting time has impeded the learning of these children and put great pressure on parents. We appreciate the move to provide additional places for subvented pre-school rehabilitation services, and enhanced support for students, to help alleviate the problem.

Active Ageing (paras 143-146)

With the ageing population, resources should be put into training medical and allied health professionals for the elderly and patients with chronic physical disabilities. Training of specialty nurses in this area will reduce the stress and demands for medics.

Youth Education and Development (paras 150-160)

We fully support this policy. Hong Kong needs a healthy and productive next generation to support our future ageing population. There is a need to strengthen society's investments in promoting early child health and development, highlighting its cost-effectiveness from neuroscience and economic evidences. In particular, all children below 5 years old should be given tender loving responsive care to enable them to develop to their full potential. Children and families need a full range of interventions tailored to their needs and circumstances such as different levels of parenting programmes, home visitation, quality childcare services that attend to the child's needs for not only feeding and safety, but also developmental play and learning. Such programmes and services have to be regularly evaluated and monitored to see if they meet the developmental needs of the growing child. Mothers who decide to care for their young children themselves should be supported and their effort valued.

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Many of the adolescent health problems nowadays are strongly related to their psychosocial vulnerabilities. Common causes of deaths for youth includes intentional self-harm. Not only is there a worrying increasing number of children and adolescents suffering from mood disorders and depression, there is also a significant rise in youths abusing psychotropic drugs who may not be visible in government statistics as they use drugs at home or in more hidden places. Those with hidden school disengagement have more health risk behavior and psychosomatic symptoms. Other problems like internet addiction, becoming sexually active at an earlier age, gambling and delinquency are only part of the spectrum of problems. Overseas longitudinal studies on adolescent health has clearly pointed out the most important factor for positive youth development is to have connectedness with family, school or any significant persons in their lives. We recommend using a *systemic, multi-dimensional and strength based approach* to tackle these problems. *Positive youth development programmes* are to be incorporated and sustained in the regular school curriculum as the primary preventive strategy to build up the strength and resilience of our youth. An *interdisciplinary approach* is necessary for intervention of already manifested health problems.

Air Quality (paras 162-165)

The health impact and associated disease burden related to air pollution must be addressed. In fact, outdoor air pollution has recently been classified by IARC as a Group One human carcinogen. To safeguard the health of our population, we welcome the governments move to improve our air quality.

Healthcare (para 186-197)

Public health services (para 191)
 We are glad to note that the DH and the HA have set up a working group to study the feasibility of trying out in the public healthcare system a screening programme for newborn babies for inborn errors of metabolism. There is a need for such screening programme to be implemented in the public healthcare system, as its cost may not be affordable to the general public. Early implementation of the expanded newborn screening of inborn errors of metabolism (IEM) by tandem mass spectrometry is a world recognized public health programme aiming to reduce the morbidity and mortality associated with IEM through early pre-symptomatic diagnosis and treatment. In fact this has become the standard practice in many developed and developing countries. Pilot studies have been conducted locally and clinical and laboratory expertise is available.

Healthcare manpower planning (para 195)

As the statutory body in Hong Kong overseeing specialist training, the Academy and its specialty colleges will continue to actively engage in the deliberations of the Steering Committee on Strategic Review on Healthcare Manpower Planning and Professional Development through our representatives in the working groups.



Enhancing Regulation (para 196)

The Academy supports the Government's move to tighten measures in regulating the private healthcare facilities in Hong Kong, following the unfortunate death of a woman after her receiving cellular infusion therapy at a beauty therapy centre in 2012; and a recent case in the tragic event involving a patient receiving liposuction in an ambulatory setting.

The Academy, being a statutory body in Hong Kong to train and accredit medical and dental specialists, is committed to upkeep the standard of practice of medical and dental professionals to ensure patient safety for the community. We are particularly concerned about the practice of doctors and professionals performing potentially "high-risk procedures" that require advanced training and experience. Medical procedures that are of potentially high risk must be operated in safe settings and by appropriately trained and accredited medical practitioners. The Academy is in the process of establishing a credentialing system, which will be a step towards enabling only those properly trained and possessing the relevant knowledge/experience to perform high-risk tasks and procedures in appropriate settings.

We hope the above views will be useful to the Government for planning its healthcare policies.

Yours sincerely

Dr Donald Li
 President

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29 March 2015

The Honorable Mr John Tsang, GBM, JP
Financial Secretary
Honorary Secretary
Hong Kong Special Administrative Region
People's Republic of China
Tamar, Hong Kong

Dear Mr Tsang,

The 2015-16 Budget

The Hong Kong Academy of Medicine welcomes the 2015-16 Budget announced on 25 February 2015, which has provided funding to support some initiatives for the improvement of healthcare services in Hong Kong. We would like to submit a few comments for your consideration:-

Funding for Training of Healthcare Workers

Disease prevention and control is an essential line of defense in public health. Primary health care plays an important role in this, and more funding to expand training of family physicians should be necessary. More resources should also be needed for related medical support including protected training of sufficient healthcare workers, including different specialists, frontline doctors, and allied health workers, in order to match the increased service. A comprehensive training programme involving various specialties including pathology and laboratory medicine is essential. Additional funding should be earmarked for training institutions, e.g. HA, universities, DH for this purpose.

Funding for Elderly Services and Hospital Authority (HA)

The Academy welcomes the increase in resource on healthcare in view of the ageing population. The elderly should be encouraged to use the elderly health care vouchers for preventive and health screening, not just for ad hoc symptomatic treatments.

As to the fund allocation to the HA, we noted that there is only 0.3% increase when compared with last year. In the past years, despite the additional funding allocation to the HA, we are still seeing heavy workload at the frontline, both for in- and out-patient services, and inadequate bed provision to cater for the ageing population and influenza outbreaks. Any slowdown in funding support for the HA will threaten to adversely impact its staff morale, quality of professional training and ultimately clinical service quality. We hope the Government would uphold its commitment to strengthening the safety net provided by the public health system.

Development and Redevelopment of Hospitals

We are also glad to note that about 3,000 new additional beds will be provided following the various development and re-development projects of hospitals. These new facilities should be equipped with cutting edges medical technologies in order to sustain or even

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further improve our world renowned health status. Budgetary and policy facilitation are required. As to the construction of Hong Kong Children's Hospital, the Hong Kong College of Paediatricians (an Academy College) hopes that there will be sufficient budgetary provisions for it to play a leading role in tertiary paediatric service and fulfill the three core functions: developing the tertiary health care, training of paediatricians, and research in paediatrics and child health.

We also recommend expediting the building of the Kai Tak General Hospital because a general hospital and a children's hospital operating side-by-side will increase the efficiency and reduce the cost of both by sharing of expensive facilities and supporting services.

Voluntary Health Insurance Scheme (VHIS)

Regarding the VHIS, we appreciate the injection of funds into the high risk pool (HRP). We note that the HRP is open to all in the 1st year upon the implementation of the VHIS and limited to those aged 40 or below thereafter. We hope it can be open to all for a longer period if possible. It is also hoped that consideration could be given to include those with congenital diseases. We understand this may involve additional funding, but it would provide a more comprehensive coverage for those in need.

We also support the provision of tax concession for subscribers to regulated insurance products under the VHIS; but the tax incentive should be made attractive. Tax incentive should be considered for employers to encourage them to offer better protection for their employees.

While supporting the proposed VHIS which will be backed by the government, we think Family Doctors must also be involved in this scheme to direct patients to the appropriate secondary and tertiary care. A gate-keeping mechanism is essential.

Public Private Partnership Initiatives (PPPI)

The Academy welcome the setting up of a fund for the purpose of extending the PPPI programme to all 18 districts. However, it seems the current PPPI has not been successful especially in management of NCDs. Ophthalmology PPPI appears to be somewhat successful. Whether the proposed fees for PPPI are realistic may need to be reviewed. Too low a fee may discourage participation from private practitioners.

We hope the above views will be useful to the Government for planning its budget implementation.

Yours sincerely,

Dr Donald Li
President

C:\gort\submission on 2015 budget 9.3.2015 final

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Hong Kong Jockey Club
Disaster Preparedness and Response Institute

architecture for humanitarian crisis and disaster management

Ebola Preparedness Seminar, 23 November 2014

The Academy's newly established HKJC DPRI organised the Ebola Preparedness Seminar, jointly with The Hong Kong Medical Association. The Seminar was supported by the Centre for Health Protection, Hong Kong Red Cross, and Médecins Sans Frontières Hong Kong.

President Dr Donald Li said that, "Hong Kong as a leading international destination for worldwide travellers is potentially vulnerable to an Ebola outbreak. As WHO Director General Dr Margaret Chan iterated, the most important aspect in managing the current Ebola threat is not to be complacent." Dr the Hon Ko Wing-man, who attended the Opening Ceremony as Guest of Honour, urged the healthcare profession and the public to prepare our city for the fight against the deadly Ebola disease.

The half-day Seminar aimed to provide healthcare professionals especially medical doctors in private practice with some much-needed education and training, and to enhance knowledge on how to be alert on identifying symptoms, how to handle and apply some techniques need when dealing with suspected patients in the community setting. The Seminar featured a scientific session, and a practice session of introduction and donning and doffing of personal protective equipment. It attracted the participation of more than 100 healthcare practitioners.





Hong Kong Jockey Club
Innovative Learning Centre
for Medicine

HKJC ILCM's 1st Annual Medical Education Conference, 7-8 February 2015

Almost 300 participants, including medical specialists from different disciplines and nurses, gathered at the HKAM Jockey Club Building. Key theme of the Conference was "Medical and Healthcare Education along the Continuum". The 2-day Conference, which took place on 7-8 February 2015, provided an important platform for collaboration and dialogue amongst various stakeholders that highlighted the importance of medical education, in contributing to higher standard of medical care. Attendees were given the opportunity to broaden their knowledge in medical education, sharpen their teaching and/or learning skills, hear from prominent speakers and take part in several interactive workshops.

Overseas speakers from the Centre for Medical Education of the University of Edinburgh, perspective medical leaders and educators from our Specialty Colleges, Faculty of Medicine of the Chinese University of Hong Kong, Li Ka Shing Faculty of Medicine of the University of Hong Kong and Hospital Authority, addressed the attendees and shared best practices in medical education hoping to inspire the healthcare profession.



With Guests of Honour, Permanent Secretary of FHB Mr Richard Yuen, CE of Hospital Authority Dr PY Leung, Dean of Faculty of Medicine of CUHK Prof Francis Chan, Associate Dean of Li Ka Shing Faculty of Medicine Prof David Wong and members of the Organizing Committee

Free Trial of Part-task Trainers offered to College Fellows and Trainees (16 September 2014 – 31 December 2015)

HKJC ILCM has extended the offer period, which will now close on 31 December 2015. The free trial allows College Fellows and trainees to gain simulation-based training experiences by using various simulators. Simulators available for training include LAP Mentor, GI/BRONCH Mentor and HeartWorks Dual Transesophageal echocardiography (TEE)/ Transthoracic echocardiography (TTE). Please visit the Academy website for the details of our simulators.

1. Each trial session will last 2 hours and consists of a small group of maximum 3 Fellows/ trainees. It is not necessary for the trainees to be accompanied by a Fellow;
2. Timeslots for selection are 0830-1030, 1030-1230, 1330-1530 and 1530-1730;
3. As the free trial is a self-learning exercise, there will be no technical support;
4. Fellows / trainees who wish to book a trial session must complete a booking form and submit it through their Colleges. College endorsement is required; the booking form can be downloaded from the Academy website.
5. Bookings are on first-come, first-served basis and must be made a minimum of 5 working days in advance of the desired session;
6. All cancellations must be made at least 3 working days before the scheduled session; and
7. HKJC ILCM reserves the right to cancel any booking if it is deemed necessary

For any enquiries, please contact ILCM at 2871 8718.

Visiting Scholars Program, Center for Medical Simulation (CMS)

The Academy and CMS have entered into an agreement to promote patient safety, medical education and research using simulation in Hong Kong and eventually throughout the People's Republic of China. The CMS Visiting Scholars Program fosters expertise in medical simulation and debriefing in healthcare. The program is aimed at alumni who completed the "Simulation as a Teaching Tool: Instructor Course" run by the CMS either in Boston or at the Academy.

Through the program, HKJC ILCM seeks to attract energetic and dedicated scholars from healthcare profession to become expert in simulation training and debriefing, focusing on helpfulness, quality, scholarship and teamwork of faculty.

Last year Dr Patricia Kan—a graduate of the instructor course and an Honorary Staff of the HKJC ILCM—was chosen to visit CMS in Boston for a 2-month period. During the visit, Dr Kan received training and mentoring to help her reach her goals.

CMS Visiting Scholars Program

Patricia Kan

Charlestown Navy Yard, where thousands of warships were built and repaired during wartime, witnessed the birth and growth of the US Navy. It has now become part of the cultural heritage, telling its people how their ancestors fought for their values, rights and liberty. Few people notice that, in this background of serenity and antiquity, a movement in patient safety and healthcare education has already sprouted, with its influence spreading across the country and the world – Simulation in Healthcare.

Center for Medical Simulation is located in one of the historical buildings in Charlestown. Found in 1993, CMS was one of the world's first healthcare simulation centres and continues to be a global leader in the field. CMS Visiting Scholars Program, a collaboration project between HKAM and CMS, brought me to this cradle of medical simulation where I started a wonderful journey of discovery.

My life in Boston was like a buffet of simulation. Every day, a variety of simulation activities were featured, ranging from centre-based simulation courses, inter-professional team training, in-situ simulation, instructor courses for medical educators to workshops for managers and administrators. CMS faculties were readily available for help but the whole learning process was self-directed. There were no rules, restrictions or pressure. In other words, one can decide what to 'eat' and 'eat' as much as one likes! Just like in any feast, 'food' is essential, but 'people' is the real excitement. I met many knowledgeable and dedicated people who were willing to share their experience. They truly listened to my concern and gave insightful advice. It was not uncommon to have the casual corridor chat turned out to be the inspirational talk of the day! Learning in an environment that values genuine respect, encourages unreserved sharing and allows room for self-reflection is indeed an enjoyable experience.

During these 2 months, my understanding in simulation has been remarkably deepened. Simulation is not just technology. It is a technique that can bring about change and improvement. Mannequin is a piece of equipment but simulating a highly realistic situation and creating an engaging learning environment is an 'art'. A diversity of simulation modalities and fidelities enhances our capability to establish realism. However, to achieve its full impact, a thorough understanding of human psychology and adult learning theories is mandatory. Fidelity doesn't equate to quality. Debriefing does. In debriefing, thinking frames behind people's actions are explored and analysed, in an attempt to identify performance gap and create motivation for future improvement. It is an art that embraces humanity, genuine curiosity and respect. For the participants, it is a transformational experience. For the instructors, it is a journey full of challenges, excitement and surprises.

Through the networking of CMS, I visited various simulation centres in different Harvard Teaching Hospitals. The diversity of teaching format and style has taught me to have an open mind to the infinite possibilities of simulation. The in-situ simulation is an example. Physically integrating simulation in clinical environment offers great realism and training efficiency. It cannot only explore the performance gap in daily practice, but also identify latent hazards in the system and

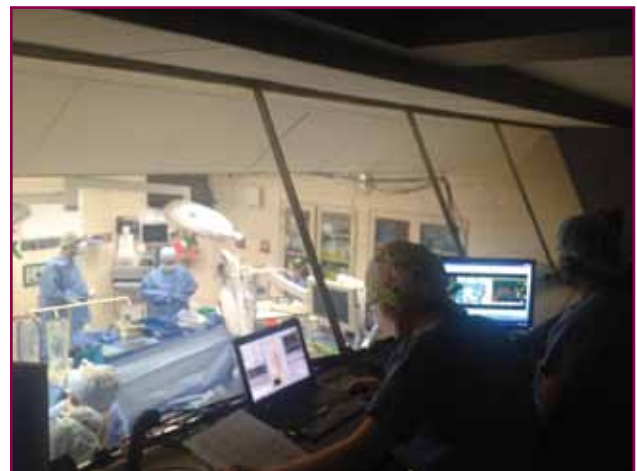
allow rehearsal of rare but high-risk situations. This new dimension of simulation has presented a new set of technical and logistic challenges to simulation instructors. I also had the chance to participate in patient communication workshop using professional actors. In contrast to the traditional teaching, this form of simulation provided a real opportunity to practice communication skills in a safe environment. The views of all parties in the dialogue were explored and analysed. The stress and tension were simply unforgettable. The experience allowed me to look at patient-doctor relationship from a new angle.

Healthcare Adventure in CMS is another eye-opener. In this workshop, non-clinicians can have the chance to take care of a patient while clinicians are challenged to think like administrators and executives. Perspectives from different disciplines are made transparent for discussion. The exercise demonstrates that simulation can be used to promote the understanding within an organization and actualize safety culture in an innovative manner.

As an international centre of higher education, the academic atmosphere in Boston is overwhelming. Ideas and originality are highly regarded. I am very much impressed by people's relentless effort in research. Research in simulation is particularly challenging as accurate measurement of human behaviours and performance is inherently difficult. The analysis is invariably affected by numerous confounding factors. Witnessing how a group of dedicated experts collaborating and supporting one another in the pursuit of patient safety and better medical education, is truly motivating.

To me, this Visiting Scholars Program is a perfect illustration of David Kolb's Experience Learning Model. I was exposed to an array of simulation activities and experienced the power of simulation. I was then given the guidance and time for self-reflection and conceptualization. As I am now back to Hong Kong, it is perhaps time for me to complete the cycle by actively experimenting what I have learned and contributing to the development of simulation in my beloved home town.

CMS is the truly the Treasure Island for simulation adventurers. CMS Visiting Scholars Program is a journey full of pleasure and surprises. Let's take the journey together and find the treasures!



AGM, 21st Fellowship Conferment Ceremony cum 2014 David Todd Oration

Annual General Meeting

The Academy held its Annual General Meeting on 19 December 2014 at Lim Por Yen Lecture Theatre. Its six Officers have been re-elected to serve another term of 2 years from 2015 to 2017.



(from left) Prof William Wei (Hon Treasurer), Dr CC Lau (Hon Secretary), Prof TF Fok (Vice-President – General Affairs), Dr Donald Li (President), Prof CS Lau (Vice-President – Edu & Exams)
Note: Prof Ignatius Yu (Editor) was unable to attend the AGM

21st Annual Fellowship Conferment Ceremony

The Academy's 21st Annual Fellowship Conferment Ceremony was held on 19 December 2014 at Run Run Shaw Hall. Prof Rosie Young was conferred an Honorary Fellow of HKAM, in recognition of her achievements and contributions to the Academy, the profession, and the community. The citation was read by Prof Richard Yu, the Senior Advisor and Past President of the Hong Kong College of Physicians. The full context of the citation for Honorary Fellow, Prof Rosie Young, is available on the Academy website.



Welcoming remarks by the Academy President



Citation for Honorary Fellow read by Prof Richard Yu



Honorary Fellowship conferred to Prof Rosie Young

Award Winners

Plaques of Appreciation

Dr SP Mak	Ex Officio Council Member (Jan 2010 – Jan 2014)
Dr Ruby Lee	Ex Officio Council Member (Dec 2010 – Dec 2014)
Prof Edward Lo	Ex Officio Council Member (Dec 2012 – Dec 2014)
Prof Kenneth Cheung	Ex Officio Council Member (Dec 2012 – Dec 2014)
Prof Linda Lam	Ex Officio Council Member (Dec 2010 – Dec 2014)

Best Original Research by Trainees (BORT)

Award	Winner	Research Topic
Gold Medal	Dr Jason Pui-yin Cheung, College of Orthopaedic Surgeons	Genetic predisposition of lumbar spinal stenosis in Chinese: a genome-wide association study
Silver Medal	Dr Czarina Chi-hung Leung, College of Physicians	Diaphragmatic ultrasonography for the mechanically ventilated patients
Bronze Medal	Dr Jeremy Yuen-chun Teoh, College of Surgeons	The optimal prostate-specific antigen and prostate-specific antigen density cut-off values for Chinese men to consider transrectal ultrasound-guided prostate biopsy

Best Original Paper Award (BOPA)



*Winner: Dr Chi-kuen Chan
Topic of BOPA: Treatment outcomes after early initiation of antiretroviral therapy for human immunodeficiency virus-associated tuberculosis*

HKAM-MPS Award



*Winner: Dr KC Lee
Topic of HKAM-MPS Award: Transforming quality and patient safety in specimen identification and processing through a novel approach to barcode tracking*

New Fellows

A total of 314 Academy Fellows were conferred. The Academy would like to take this opportunity to welcome all the new Fellows.

2014 David Todd Oration

David Todd Oration was inaugurated in 1995 to honour the Founding President of the Hong Kong Academy of Medicine, Prof Sir David Todd, in recognition of his profound contributions to the Academy. The Academy was privileged to have Prof Tak-wah Mak, Director of the Campbell Family Institute for Breast Cancer Research, delivered the 2014 David Todd Oration. The Oration was entitled 'Anti-Cancer Therapeutics, Put the Cart Before the Horses'.



David Todd Oration delivered by Prof Mak



Souvenir presented to Prof Mak by Prof Sir David Todd



Group photo taken at the Conferment Ceremony

HKAM Golf Tournament 2014, 19 November 2014

The HKAM Golf Tournament 2014 was successfully held on 19 November 2014 at Kau Sai Chau Jockey Club Public Golf Club, Hong Kong. A total of 34 Academy Fellows, alumni of HKU and CUHK participated. The Academy wishes to thank Mr Richard Yuen, Permanent Secretary for Food and Health for joining the tournament. Winners are listed below:

	Champion	1st Runner Up	2nd Runner Up
President's Cup	Dr Jean Paul YIH (OP)	Dr CHENG Chung Lun (OS)	Dr Eddie Chi Kin YEUNG (SU)
CUHK Medical Alumni Cup	Dr Julian Lai Lok CHAN (OS)	Dr Dacita SUEN (SU)	Dr Godwin Tat Chi LEUNG (PH)
HKU Medical Alumni Cup	Dr Danny Chi Wah TSOI (OS)	Dr CHU Kwan Ling (OT)	Dr Clement Pui Yin LEE (PH)
Ladies	Dr Dacita SUEN		

The Academy also wishes to thank members of the Organizing Committee for their time and effort and Rottapharm Madaus for its generous support.

Maintenance and Renovation Works on 10/F

Maintenance and renovation works on 10/F of the Academy building are in progress. The General Secretariat and HKAM Press have been temporarily relocated to the Library on 3/F.

Due to the above, library services on 3/F will be ceased until April 2015. We apologise for any inconvenience caused.

International Health Insurance Special Offer for Fellows

Now Health International, an international health insurance provider, offers premier international health insurance to customers worldwide. They have designed a WorldCare Essential Plan for Academy's Fellows with annual maximum limit of USD3M.

Benefits summary:

- in-patient treatment,
- day-patient treatment,
- emergency medical assistance,
- worldwide cover excluding USA (accidental and emergency treatment for planned trips to the USA up to 30 days is covered)
- Excess: USD1,000 per medical condition

Option benefits:

- USA elective treatment

Interested Fellows may get more information from the following website:

http://www.martinmereholdings.com/martinmere-insurance_HKAM_check_pass.html

Password to login: 8HkAM8

For enquiries and assistance, please contact: hkam@martinmereinsurance.com

Events Attended by the HKAM President

Conferment Ceremonies of Specialty Colleges

President attended several conferment ceremonies held by our specialty Colleges in November and December 2014 to share the happiness with all the new College Fellows on the auspicious occasions.



14th Joint Ceremonies for Admission of New Fellows, The Royal College of Radiologists & Hong Kong College of Radiologists, 1 November 2014



Fellowship/Membership Conferment Ceremony, The College of Dental Surgeons of Hong Kong, 16 November 2014



RCSEd/HKCORL Joint Conferment Ceremony, The Hong Kong College of Otorhinolaryngologists, 22 November 2014



Fellowship/ Membership Conferment Ceremony, The Hong Kong College of Pathologists, 29 November 2014



23rd Admission of New Fellows/Members Ceremony of Hong Kong College of Paediatricians, 6 December 2014



Fellowship/Membership Conferment Ceremony of Hong Kong College of Psychiatrists, 12 December 2014

International Pathology Day 2014, 5 November 2014

President attended the Opening Ceremony of “International Pathology Day” Exhibition organised by the Hong Kong College of Pathologists at the Hong Kong Museum of Medical Sciences. Main theme of the exhibition was “The Science Behind Medicine”. The Ceremony was attended by Prof Sophia Chan, Under-Secretary for Food and Health and many pathologists. The International Liaison of Pathology Presidents has announced 5 November to be the International Pathology Day in 2014 to enhance interaction between the pathology profession and the public.



Delegation Visit of University of Glasgow, 7 November 2014

The Academy received a delegation from the University of Glasgow on 7 November. Prof Anna Dominiczak, Regius Professor of Medicine came with Prof Matthew Walters, Head of the Undergraduate Medical School and Ms Rachel Sandison, Director of the University’s Recruitment and International Office. During the brief visit, the Academy’s President and two Vice-Presidents shared insights and exchanged views on medical education with the delegation. A welcome lunch was hosted, with the participation of Mr Brian Stevenson, the Immediate Past Chairman of The Hong Kong Jockey Club and several university professors from the two local medical schools.



Delegation of University of Glasgow received by Academy’s President and Vice-Presidents at the President’s Suite



Lunch hosted by the Academy to welcome the delegation



Souvenir presented to Prof Anna Dominiczak, Regius Professor of Medicine, University of Glasgow

Hong Kong Professionals and Senior Executives Association (HKPASEA), 10 November 2014

President attended the HKPASEA dinner at Kowloon Shangri-La. Dr David Ho, an HIV expert, delivered a talk entitled “Reflections of a Biomedical Scientist”. The Academy, as one of the co-organisers, subscribed a table that evening. The dinner was attended by several Academy’s Officers and Council Members and other allied healthcare professionals.

Antibiotic Awareness Day 2014 and “I Pledge” Campaign, 17 November 2014

President attended a celebration ceremony of the Antibiotic Awareness Day 2014 organised by the Centre for Health Protection, in support of the I-Pledge campaign which has been recently initiated by the WHO Western Pacific Regional Office for the healthcare professionals making commitment or judicial use of antibiotics. Dr the Hon Ko Wing-man delivered a speech at the ceremony to show the support of the government.



With Dr Ko Wing-man, Prof Sophia Chan, Dr Constance Chan, Mr Cheung Leong (Executive Director, Charities and Community, HKJC), other invited guests, and overseas speakers

Consultation on Policy Address, 18 November 2014

President participated in a consultation session for the 2015 Policy Address, chaired by The Hon Mrs Carrie Lam, Chief Secretary for Administration of the HKSAR. Before the session, a submission was made after seeking views from our specialty Colleges. Some key points highlighted in the submission included the following:

1. Preventive Medicine and Rehabilitation
2. Dental Health
3. Child Health
4. Youth Development
5. Mental Health
6. Continuation of Enhancement of Primary Care
7. Patient Safety
8. Review of Hospital Authority
9. Training and Research
10. Manpower
11. Centre for Excellence in Neuroscience



More information of the submission is available on pages 3 and 4.

“Share the Joy of a Wish”, 27 November 2014

President was invited by Make-A-Wish® Hong Kong to officiate the Launching Ceremony of “Share the Joy of a Wish” at the Landmark Atrium. It is an annual event to raise funds for the benefit of seriously ill children. Other officiating guests included Dr Kevin Lau, Chairperson of Make-A-Wish® Hong Kong, Prof Sophia Chan, Under-Secretary for Food and Health, and Mr YK Pang, Chief Executive of Hongkong Land Limited.



With Dr Kevin Lau, Chairperson of Make-A-Wish® Hong Kong, Prof Sophia Chan, Under-Secretary for Food and Health, and other celebrities

192nd Congregation & Certificate and Prize Presentation Ceremony of the Li Ka Shing Faculty of Medicine, The University of Hong Kong, 27 November 2014

President attended the Ceremony as Guest of Honour and delivered an inspiring speech to the Class of 2014 who graduated from the Li Ka Shing Faculty of Medicine of the University of Hong Kong. President shared with the graduates his insights on how to build trust and provide holistic, patient-centred care. The speech is available on the Academy website.

CUHK Gerald Choa Memorial Lecture cum Dinner, 1 December 2014

President attended the Gerald Choa Memorial Lecture, entitled “Professor Gerald H. Choa – the Visionaire”, delivered by Prof Richard Yue-hong Yu at the Happy Valley Clubhouse. The annual Gerald Choa Memorial Lecture, which is inaugurated in 2013, is named after the late Prof Gerald H Choa, in remembrance of his profound contributions to The Chinese University of Hong Kong.



Hong Kong Disaster Medicine Association (HKDMA) Symposium, 6 December 2014

President attended an Opening Ceremony of the HKDMA Symposium at the Hospital Authority Building. The Symposium aimed to provide an in-depth understanding of basic principles and practical considerations in sea rescue, to enhance preparedness in service providers and to explore potential collaboration among rescue teams. The Symposium was well attended and successfully held with speakers from Fire Services Department, Hong Kong Police Force, Hong Kong Government Flying Service, Department of Health, Hospital Authority, Auxiliary Medical Service, etc. Secretary for Food and Health, Dr the Hon Ko Wing-man delivered an opening address in support of the initiatives.



Opening Ceremony of Golden Jubilee Garden of Appreciation and Dinner, 6 December 2014

The Chinese University of Hong Kong celebrated the establishment of a Golden Jubilee Garden of Appreciation, located next to Sir Run Run Shaw Hall of its Campus. President attended a cocktail reception and its opening ceremony. The ceremony was intended to express the University's indebtedness to its benefactors who lent their support during the past five decades.



Souvenir presented by Prof Joseph Sung

Directors of the Year Awards 2014 — Presentation Ceremony and Dinner, 9 December 2014

President attended and supported the Hong Kong Institute of Directors Annual Dinner cum Presentation Ceremony of Directors of the Year Awards 2014 at HKCEC. This year's awards were themed "Effective Leadership – Key to Corporate Success". Over 600 guests from different industries and sectors were present. A trophy for the Directors of the Year Award was presented to Prof John Leong, Chairman of Hospital Authority. Secretary for Food and Health, Dr the Hon Ko Wing-man was awarded the Special Recognition of Excellence in Board Diversity.



World Psychiatric Association (WPA) Regional Congress, 12-14 December 2014

President was invited to attend the WPA Opening Ceremony held on 12 December 2014 at HKCEC. The Congress theme was entitled as “Yin and Yang of Mental Health in Asia – Balancing Polarities”. The Congress featured an excellent collection of plenary sessions, which covered a wide variety of subjects in the field of psychiatry including many recent advances and comprehensive overviews. It provided an excellent opportunity for colleagues with different cultural backgrounds to share new perspective and valuable insights on the development of highest quality standards in psychiatric care, teaching, and research.



With Dr the Hon Ko Wing-man, Prof Linda Lam, and other attended guests

Hong Kong Doctors Union (HKDU) Annual Dinner Party, 25 December 2014

HKDU held its Annual Dinner Party at HKCEC on 25 December 2014 to celebrate the festive season with allied healthcare professionals. President attended the party and spent special time with Dr the Hon Ko Wing-man, Prof Sophia Chan, Prof John Leong, Dr the Hon Leung Ka-lau, etc.



New Year's Eve Annual Balls, 31 December 2014

President attended several New Year's Eve Annual Balls held by medical bodies. The celebrations were joined by friends from government departments, allied healthcare professionals, leaders, etc.

Joint Dean's and Presidential Distinguished Lecture, 7 January 2015

The Academy and the Li Ka Shing Faculty of Medicine of the University of Hong Kong proudly co-organised a Joint Dean's and Presidential Distinguished Lecture at the Academy on 7 January 2015. Professor Lincoln C Chen, President of China Medical Board, presented a lecture, entitled "Educating Health Professionals in China: How successful are recent reforms of the world's largest system?".

Professor Chen shared his insights on the medical educational reform in Mainland China and the recent policy attention to postgraduate medical education. The lecture was attended by the Under Secretary for Food and Health Prof Sophia Chan, some prominent medical leaders and educators from the local medical schools, and medical students of the University of Hong Kong.

Some guests also attended a black tie dinner after the lecture, which provided an opportunity to network with other healthcare experts. Prof Sophia Chan, our Guest of Honour, kindly delivered an enlightening dinner speech.



WONCA Executive Meeting, 24-26 January 2015

President attended the Executive Meeting of WONCA in Bangkok on 24-26 January 2015.



Hong Kong Health Leaders Forum: The Outlook for Hong Kong's Health System in 2015, 29 January 2015

President attended the Hong Kong Health Leaders Forum organised by KPMG Hong Kong, which provided an excellent platform for dialogue to help shape the future of healthcare in Hong Kong. Dr Li was one of the panel discussants, and shared his insights on the importance of quality and safety in patient care as well as primary care as gatekeeper in local healthcare system. Other discussants included Dr SV Lo (Director of Strategy and Planning, Hospital Authority), Mr Kelvyn Young (Head of Medical Insurance, Swiss Re), and Dr Rose Ong (Medical Director, AXA Hong Kong).



Karolinska Institutet Announcement Ceremony, 2 February 2015

President attended a ceremony that announced the strengthened ties between Hong Kong, China and Karolinska Institutet in the area of Stem Cell and Regenerative Medicine Research. The ceremony was honoured by the presence of the Chief Executive of HKSAR CY Leung and Consul General of Sweden in Hong Kong.



Chinese New Year Blessings, February 2015

President attended a series of spring receptions organised by public organizations, medical societies, universities, etc in February 2015 to celebrate Chinese New Year.

Office of the Commissioner of the Ministry of Foreign Affairs of the People's Republic of China in the HKSAR



With Under Secretary for FHB Prof Sophia Chan



With Prof Joseph Sung, Vice Chancellor and President of CUHK

Liaison Office of the Central People's Government in the HKSAR



With Dr Sigmund Leung, President of Hong Kong Dental Association

HKU Faculty Spring Reception



With Prof CS Lau and Prof Peter Chiu

Political Reform Forum

President attended a Political Reform Forum organised by the Hong Kong Medical Association.



Lunch with Royal College of Obstetricians and Gynaecologists, 28 February 2015

A lunch was hosted to welcome a 3-member delegation from the Royal College of Obstetricians and Gynaecologists (RCOG), including its President Dr David Richmond, Vice President (Education) Dr Clare McKenzie and Deputy Chief Executive & Executive Director of Global Education Dr Michael Murphy. The renowned guests were received by the President and the Academy's Officers. It was a very enjoyable lunch in a pleasant atmosphere, with the participation of our other invited guests such as President and Vice-Presidents of Hong Kong College of Obstetricians and Gynaecologists, medical leaders of Department of O&G of the two local universities as well as other O&G experts.



With Dr David Richmond, President of RCOG

Inauguration of the Priory of Hong Kong, 28 February 2015

President was invited to attend the Welcome Dinner for the Inauguration of the Priory of Hong Kong organized by the Hong Kong St John Ambulance.



Enjoy a new Yum Cha experience at the Academy!

Academy has been serving dim sum lunch once a month on selected Sundays (from 12:00 noon). Come and enjoy good dim sum, traditional Chinese tea and a relaxing time with your family, friends at the Academy. There are ample parking spaces available that are free of charge.

Interested Fellows please mark the following dates and reserve your table in advance:

2015

10 May, 14 June, 12 July, 9 August, 20 September, 11 October, 29 November, and 20 December

For reservations or enquiries, please call 2871 8787.

New College Council Members

The following Academy Colleges have held annual general meetings and have submitted new Council lists to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. (For lists of other College Councils, please refer to the Colleges & Links section of the Academy website.)



The College of Dental Surgeons of Hong Kong

President	Dr Sai-kwing Chan
Vice-President (Edu & Exams)	Dr Robert PY Ng
Vice-President (Gen Affairs/CPD)	Dr Edmond HN Pow
Hon Secretary	Dr Yiu-kai Wong
Hon Treasurer	Dr Katherine CM Leung
Censor-in-Chief	Dr Shiu-yin Cho
Council Members	Dr Daniel TS Fang
	Dr Kam-yuen Ho
	Dr Wai-mei Ho
	Dr Stanley ML Lai
	Dr Chun-kei Lee
	Dr Roch KH Lee
	Dr John YK Ling
	Prof Edward CM Lo
	Dr Ricky WK Wong



The Hong Kong College of Family Physicians

President	Dr Angus MW Chan
Vice-President (Edu & Exams)	Dr David VK Chao
Vice-President (Gen Affairs)	Dr Ho-lim Lau
Hon Secretary	Dr Billy CF Chiu
Hon Treasurer	Dr Quincy SM Yuen
Immediate Past President	Dr Ruby SY Lee
Council Members	Dr Simon CL Au
	Dr Alvin CY Chan
	Dr Hung-chiu Chan
	Dr Kin-ling Chan
	Dr Mark SH Chan
	Dr Wing-yan Chan
	Dr Daniel WS Chu
	Dr Mary BL Kwong
	Dr Tony CK Lee
	Dr Lorna V Ng
	Dr Po-lun Ngan
	Dr Gene WW Tsoi
	Dr Wendy WS Tsui
	Prof William CW Wong
	Prof Cindy LK Lam (Chief Censor)
	Dr Stephen KS Foo
	Dr Donald KT Li



Hong Kong College of Community Medicine

President	Prof Hong Fung
Vice-President	Dr Thomas HF Tsang
Chief Censor	Dr Yuk-yin Ho
Hon Secretary	Dr Ronald MK Lam
Hon Treasurer	Dr Mandy MY Ho
Council Members	Dr Wai-lun Cheung
	Prof Tai-hing Lam
	Dr Jackie CK Leung
	Dr Sin-ping Mak
	Dr Nancy SY Tung
	Prof Samuel YS Wong

Board of Censors



The Hong Kong College of Orthopaedic Surgeons

President	Prof Peter KY Chiu
Vice-President	Dr Hok-ming Ho
President-Elect	Dr Patrick SH Yung
Chief Censor	Dr Wai-pan Yau
Deputy Censor	Dr Wai-lam Chan
Hon Secretary	Dr Ying-kei Chan
Hon Treasurer	Dr Wilson Li
Immediate Past President	Prof Kenneth MC Cheung
Council Members	Dr Hi-shan Cheng
	Dr Chin-hung Ho
	Dr Chor-yin Lam
	Dr Siu-ho Wan
	Dr Kong-san Yu



Hong Kong College of Paediatricians

President	Dr Sik-nin Wong
Vice-President	Prof Yu-lung Lau
Hon Secretary	Dr Winnie WY Tse
Hon Treasurer	Dr Chi-sik Chan
Council Members	Prof Godfrey CF Chan
	Dr Hin-biu Chan
	Dr Chun-fai Cheng
	Dr Kwai-fun Huen
	Dr Wai-hong Lee
	Prof Albert M Li
	Dr Chi-kong Li
	Dr Lok-yeo So
Immediate Past President	Prof Pak-cheung Ng



The Hong Kong College of Pathologists

President	Prof Annie NY Cheung
Vice-Presidents	Dr Ho-ming Chan
	Dr Bobby SF Shum
Registrar	Dr Alexander CL Chan
Deputy Registrar	Dr Wai-lun Tang
Hon Treasurer	Dr Michael LG Wong
Immediate Past President	Dr Michael WM Suen
Council Members	Dr Kui-fat Chan
	Prof Pak-leung Ho
	Dr Philip PC Ip
	Dr Sai-chak Lai
	Dr Janice YC Lo
	Dr Siu-ming Mak
	Dr Nancy WF Yuen
	Dr Yuet-ping Yuen



Hong Kong College of Physicians

President	Dr Patrick CK Li
Vice-Presidents	Prof Anthony TC Chan
	Prof Philip KT Li
Hon Secretary	Dr Chun-sang Li
Hon Treasurer	Dr Tak-fu Tse
Council Members	Prof Ka-leung Chan
	Prof Daniel TM Chan
	Dr Johnny WM Chan
	Dr Carolyn PL Kng
	Dr Moon-sing Lai
	Prof Chak-sing Lau
	Dr Edward MF Leung
	Prof Yu-hung Leung
	Dr Francis CK Mok
	Dr Doris MW Tse
	Prof Lawrence KS Wong
	Prof Cheuk-man Yu
	Prof Man-fung Yuen
	Dr Wai-cheung Lao
	Dr Shirley KY Ying
	Prof Sir David Todd
	Prof Kar-neng Lai
	Prof Richard YH Yu
Council Members (co-opted)	
Founding President	
Past President	
Senior Advisor	



The Hong Kong College of Psychiatrists

President	Prof Eric YH Chen
Vice-President (Gen Affairs)	Dr Roger MK Ng
Vice-President (Censor/Edu)	Dr Phyllis KL Chan
Hon Treasurer	Dr KH Lau
Hon Secretary	Dr WH Cheung
Council Members	Dr Sherry KW Chan
	Dr WF Chan
	Dr Ronald YL Chen
	Dr CW Cheng
	Prof Arthur DP Mak
	Dr FK Tsang
	Prof Linda CW Lam
Ex-officio	Dr WS Yeung
Chief Editor of the College Journal	

Deadline for Summer 2015 issue

The deadline for contributions for the Summer 2015 issue of *academyfocus* is 30 May 2015. Please send any submissions by e-mail <elmer@hkam.org.hk> or by fax to 2505 5577. All submissions are subject to editorial review and approval. Information supplied, whether or not included in the newsletter, may be posted on the Academy website.

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iCMECPD App Now Available at App Store and Google Play

To further enhance the online services for CMECPD, the Academy has developed a mobile application for capturing attendance - iCMECPD App. The testing version is now available at Apple's App Store and Google's Play. Fellows may download the App by scanning the respective QR code below (or search "icmecpd" from App Store/Google Play) and install it in their smartphone with operating system in iOS (7.1 or above) or Android (3.0 or above).



QR code (Android)



QR code (iOS)

We have started selecting some CMECPD activities held by the Academy/Colleges at the HKAM Jockey Club Building for trial run. Fellows can either use the App to scan the QR code of the event or use their new Fellowship Card (with QR code) to capture attendance via the iPad/tablet device provided by organiser. The full version of the App is expected to be ready by early 2015. Details will be announced in due course.